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THE FOOL WONDERS, THE WISE MAN ASKS.—Disraeli

The Bethel Oxford County Citizen

Volume LXXX—Number 2

BETHEL, MAINE, THURSDAY, JANUARY 12, 1984

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B.E.A.R.S. HONOR RETIREES

On Saturday, Jan. 7, Bethel Ambulance Service honored seven of their members at a retirement party. Certificates of Appreciation were presented each recipient by B.E.A.R.S. member Wayne Parker. Special awards were presented to Florence Merrill and John Greenleaf by Director Shirley Morse. Florence has 14 years of service and John has 43 years of service. Both members were Assistants of Greenleaf Ambulance Service prior to the formation of Bethel Ambulance and Rescue Service. Those accepting awards were, left to right, John Greenleaf, Florence Merrill, Donald Morin, Esther Sweetser and Marcus Moore. Not present were Arnold and Mary Brown.

ELDERHOSTEL RETURNS TO SUNDAY RIVER INN

Elderhostel returned to Sunday River Inn this week as 30 participants arrived to enjoy ski lodge social life while studying cross country skiing, astronomy, and botany. Most participants are from states in the northeast, but Arnold Nelson travelled from Chicago and Camille Brown from Los Angeles for the experience.

Courses are being taught by Tim Kersey (astronomy with the special Kersey slant), Dick Hoisington (cross country skiing and enjoying winter), Brown University student Maddy Butcher of Hayswell (cross country skiing and ski lodge life), and Sherry Holmes of Gorham, N. H. (winter botany).

Elderhostel is a world network of week-long residential courses for people 60 years old and over. The program offers courses on every subject imaginable in all parts of the nation and Europe and the mid-East as well. For information on the program, call Steve or Peggy Wight at Sunday River Inn. The next Elderhostel at Sunday

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SUDBURY TEAM AGAIN BEATS BETHELITES AT BETHEL HISTORICAL SOC.

Once again the Sudbury Team prevailed over the challenge of the Bethelite team at the annual "So You Think You Know Bethel" sponsored by the Bethel Historical Society on Thursday evening, Jan. 5. The Sudbury team consisting of veteran Rosalind Chapman and newcomer Donald Brown defeated the Bethelite team of Mervon Brown and Paula Wight, 125 to 68. The contest specializing in obscure facts from Bethel's past was conducted by Stanley R. Howe, Director of the Bethel Historical Society with Phyllis Roberts as scorekeeper and Margaret Joy Tibbetts, Chairman of the Society's Board of Trustees as judge. Questions ranged from the number of dollars spent on dog control in 1896 by the Town of Bethel (\$9) to the identity of a famous visitor to Bethel in September 1889 (Mrs. Tom Thum).

Preceding this program was a short business meeting of the Society, which was conducted by Treasurer Margaret Joy Tibbetts in the absence of the president and vice-president. Miss Tibbetts announced that the next meeting of the Society would be held on Feb. 2 and would feature the annual historical film festival. She also called attention to the "artifact of the month", a copy of John H. Spaulding's "Historical Relics of the White Mountains", published in Boston in 1855, a gift of Randall H. Bennett of Rumford. Miss Tibbetts also noted that the Society closed the year in good financial condition, that nearly 100 new members had been added during 1983 and that the endowment goal had been exceeded by \$1,000 from

River Inn will be held the week of March 4 and will feature cross country skiing, mythology in literature, and wildflowers.

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FROM THE Bethel town office

Notes of Interest

A vacancy exists on the Budget Committee that urgently needs to be filled as committee work on the transition period budget will start at the end of January. The Budget Committee aids the Selectmen in preparing the budget by recommending priorities and spending levels to accomplish necessary services. Anyone interested in serving on the Budget Committee is asked to contact the Town Manager or a Selectman.

Quarterly sewer bills will be mailed the week of Jan. 23. Apologies are made for the slight delay that was caused by closing of the Town's financial records for 1983 and the opening of new accounts for this year.

The Annual Municipal Election and Town Meeting dates have been set for March 20 and 21. The election will be held Monday, March 20, and the Town Meeting will be held on Tuesday evening, March 21. Nomination papers are now available for six positions: two Selectmen; two Assessors; and two members of the M.S.A.D. 44 Board of Directors. The nomination process is quite simple and starts by obtaining papers from the Town Office, obtaining the signatures of at least 25 Bethel registered voters (but not more than 75 signatures of those eligible) and returning the papers to the Town Office by the close of business on Monday, Feb. 13 (erroneously reported last week as Tuesday, Feb. 7). The papers may be circulated by the candidate or designated representative. Any information pertaining to the positions may be obtained by calling the Town Office. Voters may sign as many nomination papers as there are positions to be filled. Voters may sign only two sets of Selectmen, Assessors, and School Directors papers. Voters signing more than two sets of nomination papers for any office invalidates his/her name on all sets.

continued on Page Five

over 270 donors during the past year. She presented life membership certificates to Alvin Barth, Doris Fraser, and Allan Fraser, all of Bethel, thanking them for their interest and contributions. Refreshments and a social hour followed the program.

BETHEL WATER DISTRICT TEMPERATURE REPORT

Water, ground (below Philbrook St.) and air temperature, recorded at the Bethel Water District's Philbrook Street Office on Tuesday morning, Jan. 10, 1984. Readings are in Fahrenheit.

	1/10/84	1/12/83	1/13/82
Water	37°	37°	37°
Ground			
3 ft.	31-32°	33°	33°
4 ft.	34°	35°	35°
5 ft.	36°	37°	38°
6 ft.	38°	39°	39°
Air	15°	40°	— 3°

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MAIN ST., BETHEL

INCREASING YOUR CHILD'S SCHOOL SUCCESS

Dr. Madeline Hunter, a nationally known educator from the University of California at Los Angeles, will speak to S.A.D. 44 parents on the topic "Increasing Your Child's School Success" at Rumford High School, at 7 o'clock on Thursday evening, Jan. 19.

Dr. Hunter's program will offer parents practical tips on motivating children to get the most out of school. All citizens are invited to the program which is free of charge.

Bus transportation will be arranged by S.A.D. 44. Pick-ups will be made at all District schools. Interested parents should call local schools after Monday, Jan. 16, to inquire about pick-up times.

Dr. Hunter is in the area to conduct a workshop for S.A.D. 44 teachers on Friday, Jan. 20. Bethel area teachers will be joining teachers from Rumford, Mexico, Peru, Dixfield and NOVA, at Rumford High School, for the day.

MT. ABRAM FISH & GAME TO MEET IN BETHEL JAN. 19

Mt. Abram Fish & Game Association will be meeting Thursday, Jan. 19 for a 6 o'clock pot luck supper at Bethel United Methodist Church. A business meeting will follow.

ADVANCED FIRST AID CLASSES TO START JAN. 17

Advanced First Aid classes are scheduled to start Tuesday evening Jan. 17, at 7 o'clock at the S.A.D. 44 bus garage. Pre registration is not necessary but may be done by calling S.A.D. 44 Adult Education director, Cathy Newell, 824-2136, Arlene Greenleaf, 824-2744, or Wilber Crowell, 824-2649.

M.S.A.D. #44

Directors' Meeting

The S.A.D. #44 Board of Directors met in regular session at the Telstar Library on Monday evening of this week.

Following an executive session of approximately 25 minutes the Directors approved the re-entry of a Telstar junior as a student at the high school on Jan. 23.

The resignation of John J. Freeman as principal of the Woodstock and Andover Elementary Schools was accepted, effective Feb. 17. Mr. Freeman has accepted a position in West Boylston, Mass.

Also accepted was the resignation of Jerry Heffley as music teacher effective at the close of the 1983-84 school year. Mr. Heffley has been in S.A.D. 44 as a music instructor and director of various musical activities since the fall of 1976. The resignation of Mrs. Nicole Merrill as High School Winter Cheerleading Coach was accepted, effective immediately. Authorization was granted the Superintendent to post vacancies in both the aforementioned positions.

The Directors approved the issuance of a second probationary contract to Mrs. Jeanne Cole for

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Saturday 8 a.m.-12

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In case of emergency nights,

week ends, and holidays call

824-2193 for telephone number

of on-call person.



"BETHEL JUNIOR NORDICS" RACE INFORMATION OFFICER GINGER KELLY AND RACE COORDINATOR DON ANGEVINE ARE SHOWN WITH TROPHIES TO BE AWARDED AT THE EVENT WHICH WILL BE HELD AT TELSTAR REGIONAL HIGH SCHOOL SUNDAY AFTERNOON, JAN. 15, STARTING AT APPROXIMATELY ONE O'CLOCK.

The Bethel Junior Nordics race day, Sunday, Jan. 15, at Telstar Regional High School, Bethel. The competition is the first in a series of six junior qualifying races throughout the Northeast, leading to the selection of skiers to represent the Eastern Junior Nordic Ski Team at the Junior Olympic Cross Country Championships to be held in Lake Placid, N.Y., Feb. 27-March 2. The event is sanctioned by and is a development program of the United States Ski Association.

SMALL WOODLAND OWNERS TO HEAR OF FRENCH FORESTRY

The Small Woodland Owners of Maine (SWOAM) Western Maine Chapter will present a program at its January meeting which will compare our forestry methods here in Maine with the methods used by woodland owners in France.

The featured speaker will be Terry Walters, State Service Forester, who recently attended a Society of American Foresters' Tour of French forests. Terry will be showing slides illustrating the silviculture practices on both privately owned and public lands. He tells us they grow oak, beech, spruce, fir and pine much like our forests. He will show their pre-commercial thinning, pruning, harvesting and utilization systems.

The meeting will be held Thursday, Jan. 19, at 7 p.m. at Oxford Hills High School. The meeting originally scheduled for January on wildlife management will be conducted on Feb. 16. The public is invited to both meetings.

the period of January 1984 to August 1984. Mrs. Cole is a first grade teacher at the Ethel Bisbee School.

The Board approved the following appointments: Betsy Winsor of Bethel, substitute teacher; Larry Patterson of Bethel, substitute bus driver.

A request from Thomas J. Wheeler, Vocational Administrator of Vocational Region 9 (NOVA) concerning possible use by the NOVA Forestry Program of a portion of the Industrial Arts section at the Telstar facility currently not utilized by the secondary program, was referred to the Building and Grounds Committee.

The Directors authorized the Superintendent to seek bids to provide the District with the following school buses: one 88-passenger; one 36-passenger; one 48-passenger. All of these will replace units currently in the S.A.D. 44 fleet, and are to be secured with funds from fiscal year 1985. These units have been approved for State reimbursement in the 1986 fiscal period.

continued on Page Five

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BETHEL OUTING CLUB HOSTING "JUNIOR NORDICS" SUNDAY, JAN. 15

The Bethel Outing Club with assistance from neighboring club volunteers and sponsorship by Salomon/North America, Inc., will host the "Bethel Junior Nordics", a major junior cross country ski race day, Sunday, Jan. 15, at Telstar Regional High School, Bethel. The competition is the first in a series of six junior qualifying races throughout the Northeast, leading to the selection of skiers to represent the Eastern Junior Nordic Ski Team at the Junior Olympic Cross Country Championships to be held in Lake Placid, N.Y., Feb. 27-March 2. The event is sanctioned by and is a development program of the United States Ski Association.

The "Bethel Junior Nordics" are open to all ski racers, ages 14-18, not just USSA members. Racers of all ability levels are encouraged and expected to compete, including the top Junior skiers in the east, making this an excellent spectator event as well.

Class I and II Girls 5 Km race will start at approximately 1 p.m., followed by the Class II Boys 5 Km and the Class I Boys 7.5 Km. Following the competition, trophies supplied by Salomon/North America, Inc., will be awarded to the top three finishers in each class. Also, an open Bill Koch Youth Ski League (BKYSL) race, ages 8-13, is scheduled the same day, to start at 10 a.m., with ribbon awards for every competitor.

Anyone who wishes more information about this event should contact Don Angevine, Competition Coordinator, 207-824-3343.

SEN. JUDY KANY TO SPEAK ON NUCLEAR WASTE JAN. 13 AT TELSTAR LECTURE HALL

About 40 people attended the meeting of the Headwaters Alliance of the Sunday River at Bear River Grange hall last Saturday. Committees were organized and petitions were circulated opposing the possible radioactive waste disposal site in Riley Township. A small delegation attended the State Low Level Radioactive Waste Siting Commission meeting in Augusta, Jan. 10, to present the petitions.

There will be another meeting of the Headwaters Alliance on Friday, Jan. 13, at 7:30 p.m. in the Telstar Regional High School Lecture Hall. The public is invited to attend. Sen. Judy Kany, chairperson of the Siting Commission, will be present to answer any questions regarding radioactive waste disposal in Maine.

Anyone interested in the March 17 charter bus trip to the flower show

Contact Polly Davis

evenings 824-2384

Minimum 30 needed

—deadline Jan. 15

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GAME PARTY

Legion Hall—Locke Mills

Every Friday—7:00 p.m.

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Post Meetings

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High St., West Paris

Sent in by Viva Whitman:

New Years Eve came and went and neither Russell nor I stayed up to see the new year in. We thought it would probably come whether we saw it or not and decided we needed our beauty sleep so went to bed.

We started the new year off kind of lazy because of these colds we can't get rid of but hope we perk up soon. Had a few snow flurries on Monday just enough to make it slippery. Lawrence had gone and gotten a tractor he had bought and tried to start it when he got it home. It didn't start so they tried towing it down the road a little way. It was just slippery enough so all the wheels would do was slide. Needless to say, they didn't get the tractor started that day! Grace came down for a little while to visit and get a couple of addresses.

Tuesday morning, Wynona, Michael and Courtney came up. Mike and baby stayed here while Wynona did her work at the Child Health Clinic and I played barber and cut Mike's hair. Had a big dustpan full to throw away when I got done and he still had plenty left. He didn't look so woolly when I got done and that was what we wanted. Also took our dog Cricket to the vet in the afternoon. She needed her rabies shot so got that done. She doesn't like to ride and knows that when we take her in the car she is headed for the vets, so she gets all upset and is a handful to hold. In the evening, Russell and I went next door to visit with Lawrence and Grace as we expected they would be going back on the road Wednesday.

Russell and I made our weekly trip to Fryeburg on Wednesday to see our doctors. I had called Grace to see if they were going out or not and they were so haven't see them since. Grace said she expected the Company would keep them on the road quite some time this time before letting them get home. We just hope they don't hit any real bad weather, but one never knows where they will be at any given time so guess only time will tell what they hit for weather.

Had a lovely surprise phone call from a good friend of mine in the evening. I thought she was still in Georgia as I hadn't heard from her for a long time. I never know where Helen Seilonen is going to be next. She told me she had been in Georgia, then went to Mexico and back to Georgia and Connecticut, and now home. When I asked her how long she would be around this time, she said she hoped for the rest of the winter. It was good to hear from her and got to try to get to see her soon.

Russell moved his bird feeding station out back of the home to see if some of the birds would find it, but so far none have. We are so near the woods here that

we thought sure birds would find us but no luck so far.

We had a few errands that needed taking care of in Bethel so headed out bright and early on Thursday to get them done. Had a few snow flurries but not enough to hardly mention. On our way home we got some apples for making applesauce so I had a job doing that when we got home.

Next morning, we left fairly early as I had to take my car to the garage to see if they could find what was making a strange noise. It needed an oil change also. They couldn't find anything wrong with it and what a laugh Russell got when Harold told me to turn the radio up a little louder so I wouldn't hear the noises. After the garage bit was done, we went to do the wash, went to a restaurant for lunch. Saw an old friend of mine that worked in the shoe shop when I did. We just had to remember some of the good times we had while working there. It was good to see my friend as I haven't seen her for ages.

I have had a terrible cough with this cold that still hangs on but Saturday I started coughing a lot worse and wondered just what was causing it. I finally realized that it might be one of my allergies acting out but what? All of a sudden it dawned upon me that the Christmas cactus that Peggy gave me when she went south was blossoming. I can't have

any flowers around that have any aroma to them and sure enough, the cactus blossoms did smell. I covered the plant with a plastic bag but still did a lot of coughing so Russell said, "You'd better get that plant out of the house and see if it will help." I called Hilda Taylor and asked her if she liked plants and explained to her what was going on. She now has the plant until it stops blossoming and then I can take it back again. I was so pleased that it had decided to blossom, but it isn't fun when the smell affects your breathing as flowers do mine. African Violets are non allergenic so I can have them and wish you could see the beauty of them now. The most of them that I have, are in bloom and are so pretty in our big bow window. I just have to be thankful that I can have them even if I can't have other flowering plants around.

Russell and I went to Lewiston on Sunday to have dinner with Wynona and Michael Woolf and Courtney. Had a good dinner and visit too. Mike got a movie camera for Christmas and showed us the pictures he had taken so far. Of course the pictures were mostly of the baby, but came out fairly well for his first try.

Misty Yates has been down to visit with us a few times this week but no other callers. Hope some birds will find the feeding station soon so we can have the

North Paris

- Evelline B. Vatcher, Corres. -

A beautiful week end. Could it be a weather breeder? The weather we are enjoying suits me fine. We don't have any bird feeders but all the blue jays for miles around borrow the dog food that the dogs in the kennel leave for their lunch.

Mr. and Mrs. "Root" Lawrence and Mr. and Mrs. Joe Vatcher began the New Year right by going out to dinner. Monday Joe called on Jimmie Abbott who is confined to the house. He is able to be up two hours daily.

The deer that ran into the side of the school bus on Route 219 was just above our house near the driveway of Mason Noyes.

William Labbe returned to his base in Germany Saturday and his family will go in about a month.

Mollycockett Sportsman's Club held their monthly meeting at the

pleasure of watching them. We miss them very much after having so many last year.

Russell and the dog go for their walks here as they did in Bethel. The only trouble is that the other dogs along the way don't appreciate it. Russell says they really howl when he and Cricket get near. However, they keep on walking and haven't gotten eaten up yet so guess they won't.

West Paris Legion Hall Jan. 7, preceded by a full course turkey supper with all the fixings. Several new members were welcomed and Mr. Swan helped the ladies in the kitchen prepare the supper. Plans were made to go smelt fishing on Jan. 21. The members will meet at Warren Emery's at 2 p. m. on Jan. 21 and all go together. Mr. and Mrs. Harlan Abbott and Mrs. Abbott's niece and nephew and Joe and Evelline Vatcher attended.

The road crew is making a change in the scenery along Route 219. It looks odd but we all know it is going to be much better in the end.

Mrs. Rhoda Vatcher has returned to her home after spending two weeks with her children in Lynn, Saugus, and Merrimac, Mass.

Tuesday was fish day at Joe Vatcher's. He went smelt fishing on the Kennebec River Sunday and had very good luck. Bought shrimp on the way home. Then he wonders why the two large freezers don't get empty, and we eat all the time.

Callers at Lawrences were Mr. and Mrs. Dale Coffin and their niece, Amanda Heath, Mr. and Mrs. Joe Vatcher.

Earl Newton, Mechanic Falls, is helping Harlan Abbott remodel two bedrooms upstairs. Faye is unemployed at present, so she lends a hand and supervises the

West Bethel

On Wednesday, Mrs. Harriett Stowell and Mrs. Cathryn Lovejoy were at Ledgeview nursing home visiting Miss Lillian Lovejoy and several other residents.

On Friday Mr. and Mrs. Cleve Lovejoy joined Mr. and Mrs. Ray West and family for supper, at their home in Rumford.

Sunday Miss Rebecca West of Rumford was the guest of honor at a celebration of her 9th birthday. Those attending from town were Mrs. Tyrene Lovejoy, Shane and Angela and Mr. and Mrs. Cleve Lovejoy.

Mrs. Ralph McArthur of Suncook, N. H., and her daughter, Mrs. Richard Coughlin of Manchester, N. H., spent Saturday and Sunday with Mrs. McArthur's mother, Grace Hutchinson.

Howard Rolfe of Caribou was a guest of his mother, Clara Rolfe recently. He came on Friday night and returned to Caribou Monday.

Sara Head was in Lewiston to an orthodontist one day this past week.

Mr. and Mrs. Andrew Boyd visited their son and family in Brewster on Sunday to help celebrate the upcoming birthday of their granddaughter, Chelsea. Chelsea is the daughter of Craig and Janis Boyd and will be one year old on Jan. 11.

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West Paris

— Mrs. Marian Chase, Corres. —
Ray Stone is a patient at C.M.M.C., Lewiston.

Carl Brooks has been discharged from Stephen Memorial Hospital. Mrs. Frances Millett, Maude Millett, Stanley Beleckis, Lewiston; Mrs. Madelyn Hendrick, South Paris, called on Lilla Buck over the week end.

Peg Perham injured her leg in a car accident the first of last week.

Ricky and Chad Chase have a new springer spaniel puppy. They have named him Baumo.

Mrs. Doris Slatery is a patient at C.M.M.C., Lewiston.

Mr. and Mrs. Rick Chase, Ricky and Chad; Mr. and Mrs. Nestor Ruokolainen, Lisa, Karen, Angela

and Jennifer; Mr. and Mrs. Randy Chase and Becky were dinner guests of Mr. and Mrs. Everett Chase on Sunday. Everett was observing his birthday.

The monthly meeting of West Paris Historical Society will be Monday, Jan. 16 with a 6 o'clock pot luck supper and meeting. The program will be slides of early West Paris. If anyone has any articles or recollections of West Paris or North Paris the society would like to have them for their records.

Universalist Church School enjoyed the movie "Annie" on Sunday.

Mrs. Liz Rowe was at her home on High St. over the week end.

Mr. and Mrs. Guy Spaulding, Mrs. Dot Polutta, Portland, called on Mr. and Mrs. Reynold Chase.

North Waterford

— Mrs. Jo Sanderson, Cor. —
Mr. and Mrs. Elmo Nowell and her mother, Gwen Pike, all of Bridgton, called on Gwen's sister, Jo Stanton, Wednesday, Dec. 28. Paul Stanton of South Harrison also called on his father that day.

Rev. Nancy Taylor of Stoneham was in town Thursday p. m. and visited the Clyde Stantons.

It's a bit cold here but we all are enjoying these beautiful sunny days.

Chester Osgood was in this end of town, delivering bottled gas, Wednesday.

People seem to be getting out on their snow-mobiles, even though we don't have much snow.

Arlene Bean of Bethel, visited her mother, Jo Stanton, Friday morning. Arlene is having a week's holiday from school bus driving.

I had a nice letter from my cousin, Marian Langway, Bryant Pond. She says they all are having this virus that is going around. She has been shut in with it for several weeks. Her sister, Ruth Tyler, is also having it. I am sorry to hear they all are sick, but was pleased to hear they are on the mend.

Schools here started classes again on Tuesday.

Wesley Weymouth, friend from Bethel, visited the Howard Jewells, on Friday evening. Wes took his son, Gene, home with him to spend the week end.

T.T.A.E.R.S. News
(Tri-Town Ambulance & Emergency Rescue Service)

Several Tri-Town members helped as testers for Turner's E.M.T. class at Leavitt High School Tuesday night.

The auxiliary met Tuesday night. Saturday, Jan. 28 has been set for the Booster Club supper at the Legion Hall in Locke Mills.

The yearly calendar of fund-raising events was discussed. Anyone interested in helping the auxiliary with fund-raising events or with laundry for one month should contact Mildred York (674-2924) auxiliary president.

Safety Tip of the Week
One contributing factor to accidents this time of year is speed.

The roads may appear fine, yet they are still slippery. Some of the ice on the roads hasn't melted off, causing ruts and slippery shoulders. Slow down, allow a little more time to get to your destination, and get there safely.

Magalloway & Wilson's Mills

— Alice Harvey, Corres. —
Doug Baker of Milan spent the long New Year's week end with grandparents, Peter and Margaret Baker in Wilson's Mills.

John and Ellie Peterson of Connecticut spent several days with Wes and Helen Russell recently.

Leo and Gail Gordin of Greene visited with the Bragg family on Saturday.

Clifford and Robert Glover spent Saturday with the Mullens family in Dummer.

Bobby Enderson and Wynne McGinley were overnights at the Glover Farm on Saturday.

There were many snowmobilers out around over the week end.

Rotary Club News

The Bethel Rotary met at 12 noon at the Sudbury Inn on Jan. 10. Rotarians extend thanks to Bryce and Barbara Yates for sponsoring the new year's social at their home. The program chairman for this meeting was Rollie Glines. Don Peeney was speaker for the day and he talked about the Gould Academy student/adult relationships and the factors associated with meeting and the indoctrination to the community and the Academy system. His presentation clearly reflected the enormity of the tasks of molding students and adult opinion in the areas of personal conduct, education and discipline. The program chairman for next week is Bill Judson. He will present a subject entitled "View from the Top of the World".

Guests joining with the Club on Tuesday were Dirk Lockwood, guest of Dave Denison; Charles Hamblen, Nonwick, Conn., guest of Bill Conary; Ira Pitcher, Lewiston-Auburn; Mike Thurston, Rumford, and Peter DiFilippo, Rumford. Bethel Rotarians (wives) are reminded of the Chatter Night festivities of the Oxford Hills Rotary Club to be held at Positively Maine Street on Feb. 4. Let's all try to be there.

INCOME TAX PREPARATION
PIAWLOCK TAX SERVICE
2½ miles from Locke Mills on East Bethel Road
Tel. 875-5163

Spool City
Has moved to its winter offices in Canton, Me. All new orders & old business should be referred to
597-3522, Mon. - Sat.,
and 836-3563 on Sun.

DANCE
Sat., Jan. 14, 1984 8:30-12:30
Jackson-Silver Post #68
Locke Mills
Members and Guests—BYOB
Presale—Single \$4.
At Door \$5.
For Table, call 875-3340
836-2490

Dress Code Clean
Music by Silver Wings

KEEP US IN MIND
It's that time of year when your local Rotary Club must start gathering items for our annual auction. The proceeds of all of our efforts go to support such projects as the Senior Citizen Xmas Dinner, Xmas Food Baskets for the needy, student scholarships, support of the local health facilities, summer camp tuition, area athletes expenses, disabled individuals needs, etc. If you're cleaning the garage, attic, or cellar, let us get rid of those unneeded items for you. Call Roger Conant (824-2131 or 824-2269) for pickup. Help us with your support of our projects. It's a good feeling!

North East Lovell

— Pauline Smith, Corres. —
Craig Fox spent the week end with his grandmother, Iva Fox, and Fred.

The Crosbys had dinner with LeRoy and Pauline Smith, Saturday evening.

Now we are back to zero or close every morning.

Robert Johnstone helped Roy on wood Monday.

Roger and Keith Woodward called on their uncle, Roy, Sunday evening.

Norma Johnstone's folks took her shopping Saturday.

Arlene Merrill called on Beverly Josephine and Pauline Smith this week.

Margaretta and Arthur Weeks were in North Conway shopping. Not quite as many out to church Sunday as Jo Moody's frontier camp held a retreat Sunday.

Esther Harriman spent Wednesday with her sister, Iva Fox. Linda Allen, Scottie, took her mother and Craig Fox shopping Saturday and for medicine.

A new family is moving into the former Files camp on Slab City Road.

I hear the new beauty shop of Edna Welch's is doing fine. It is located under the school on the Hill, also the Bill Bunton home now. Good luck to Edna.

at North Waterford. Their officers were installed that day.

Mr. and Mrs. Carol Buck entertained 75 relatives and friends to a New Year's Party on Jan. 1. Dancing was enjoyed and lots of good things to eat.

Mr. and Mrs. Charles Green are receiving congratulations on the birth of a boy. This is their first child. She was attended by a doctor at Bethel.

Mr. and Mrs. Bob Grant visited her mother who is in the Bridgton hospital, Saturday. Later they had supper in Bridgton.

East Stoneham
— Gladys Kilgore, Corres. —
Mr. and Mrs. Ralph Brown of North Dakota is visiting her mother, Mrs. Sarah Grover.

The Rev. Miss Taylor took Brenda Gordon to Bethel Saturday.

Mrs. Eleanor Nelson took me to Harrison Tuesday to see my doctor.

Snowmobiling seems to be the rage here. All those that have them are making good use of them.

Mrs. Cindy Fox and two children, called on me one day last week. They brought me some nice homemade cookies.

Several from here attended the Senior Citizens meeting Wednesday

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Dinner served nightly — 5 - 9

LUNCHEON FRIDAY & SATURDAY — 11 a. m. - 3 p. m.
APRES SKI BUFFET, SATURDAY, 5 - 8 p. m. \$6.95
SUNDAY BRUNCH — 11 a. m. - 3 p. m., featuring a new menu offering a dozen or more sandwiches, hot chili and a variety of soups.
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Greenwood City

— Mrs. Colista Morgan, Corres. —

As I descend the stairs to my basement, I look with longing at my snowshoes just waiting for a jaunt to the woods, on a tote road, or up the Sanborn River. As yet, there has been no decent snow and I haven't been able to handle the shoes anyway. I still hope to before spring.

Some day the snow will come down like white grains of sand and enough to cover the scars of the earth.

I remember my first pair and my experiences in using them, which involved such things as falling on my face in the white stuff. Then I had to roll around trying to untangle my snowshoes so I could once again regain my footing. I gradually improved. I also learned that carrying a ski pole was a great help. Not only did it help prevent falls but it also helped me to get up, if I had one. Floundering around in the snow trying to untangle without a stick or pole for assistance, can be not only cold and tiresome, but also quite exasperating.

Going to the woods can be an interesting experience. Much of the wild life does not sleep in the winter so any alert snowshoer can witness the animal activity. By following the tracks in the snow, which is easy to do, one can read much of their doings, even though they may be long gone. I remember walking under giant beeches, where squirrels dened in the hollow tops. Here the dull silver of the trees shone and the light brown beech leaves slithered down from the tracery of branches, like snow drops of leaf-rain and nestled on the ground. I'd always linger and listen and look up. If the sun were bright it filtered through the holes amid the interwoven and remaining leaves, which cast pencil lined shadows and little dots beneath the trees.

Sometimes I sat on an ancient log, where a tree had fallen across a narrow way. It was usually covered with a carpet of moss. I'd walk along a narrow stream

and Jennifer; Mr. and Mrs. Randy Chase and Becky were dinner guests of Mr. and Mrs. Everett Chase on Sunday. Everett was observing his birthday.

The monthly meeting of West Paris Historical Society will be Monday, Jan. 16 with a 6 o'clock pot luck supper and meeting. The program will be slides of early West Paris. If anyone has any articles or recollections of West Paris or North Paris the society would like to have them for their records.

Universalist Church School enjoyed the movie "Annie" on Sunday.

Mrs. Liz Rowe was at her home on High St. over the week end.

Mr. and Mrs. Guy Spaulding, Mrs. Dot Polutta, Portland, called on Mr. and Mrs. Reynold Chase.

At the Hayes Homestead, Doris had on Saturday, Mr. and Mrs. Ardell Hayes, Auburn; Duane Hayes and children, West Paris; Glenn Hayes, Gray. Loanne and Joanne Hayes stayed with their grandmother over Sunday.

Mr. and Mrs. Ralph Leeper, Kingston, R. I. spent the week end at their cottage here and had as guests Mr. and Mrs. Cliff Coombs of Rockland.

Our Club met with Helen Chojnacki at her home on Thursday afternoon.

Mr. and Mrs. Albert Curtis, Buckfield; Ray Curtis and Donna, Woodstock, visited at the home of Mr. and Mrs. Fred Curtis on Sunday.

Fred Curtis has been with his son, Walter, in Farmington for a few days and they are having an outing of ice fishing.

Ann Holt, Bethel, visited with her parents on Sunday.

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Olson's Furs will be closed from Jan. 12 to mid February. Gone south trapping and snaring.

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WEEK OF PRAYER FOR CHRISTIAN UNITY, JAN. 18-25

The Bethel Area Clergy Association (BACA) is very pleased and really excited to be sponsoring the "Week of Prayer for Christian Unity" during the week of Jan. 18-25. The theme for this year's observance of Week of Prayer, "Called to Be One Through the Cross of Our Lord," reminds Christians of every faith that the brokenness and suffering of Jesus Christ on the Cross has made possible our oneness, our wholeness.

Former president of the National Council of Churches, Rev. James Armstrong, has stated: "As we experience the brokenness and violence of a strife-torn world, and as we respond to the assaults of critics of the church, the symbolism of the week (Week of Prayer) becomes all the more important."

But, the week is so much more than an ecumenical symbol. The act of prayer affirms the availability of the here-and-now God. God is Spirit. Prayer is answered. Thus the call to prayer.

"And unity? Never has it been more desirable; more necessary. If we are to overcome the hostility and fragmentation, the dividing walls that separate us, we must claim Christ as 'our peace' (Ephesians 2:13)."

Through the week of Jan. 18-25, the Bethel Area Clergy Association has scheduled evening worship services and invites the public to attend and participate in them. There will be evening Prayer Services at 7:30 p. m. as follows: Wednesday, Jan. 18, West Parish UCC-Congregational Church, Bethel; Thursday, Jan. 19, United Methodist Church, Bethel; Friday, Jan. 20, Congregational Church, Andover; Monday, Jan. 23, Union Church, Locke Mills; Tuesday, Jan. 24, United Methodist Church, Bethel. In addition to the Prayer Services, two special worship events are also planned: Sunday, Jan. 22, pulpit exchange by many of the area clergy; Wednesday,

RIDE IN '84 TO BENEFIT COUNTY ASSOCIATION FOR RETARDED CHILDREN

The Ride in '84 Committee met at the Adult Activity Center in Rumford, Jan. 9, to firm up plans for the Ride in to Horizons Unlimited on Feb. 19.

The VCR was awarded to Henry Dombkowski of Bethel. His ticket was sold by Greg Merrill, a member of the Windy Valleys Snowmobile Club.

The annual Valentine Benefit Dance will be held at Rumford American Legion Hall Feb. 11, at 8:30 p. m. to 12:30 a. m. Music by the Kruzers. Tickets will be on sale at the American Legion Hall or call Joan Hebert at 562-7555.

The committee will meet next at the Adult Activity Center, Waldo Street, Rumford, on Monday, Feb. 6, at 7:30 p. m. The committee urges all clubs to send a representative to this meeting.

The slide presentation of former Ride Ins will be shown at the Club House in Newry for the Windy Valleys Snowmobile Club on Jan. 19 at 7:30. All are welcome to come.

For further information on any of the events call: June Swan, 824-2124, or Joan Hebert, 562-7555.

U.M.W. MEET JANUARY 5

The United Methodist Women held their Jan. 5 meeting at the church annex at 1:30. After the business meeting Edna York had the program on "Prayer and Self Denial". World banks were collected and a collection was taken for "World for Peace for Justice." The hostesses for the afternoon were Sarah Stevens and Adeline Dexter.

Jan. 25, Week of Prayer for Christian Unity Worship Celebration at 7:30 p. m. at the West Bethel Union Church.

It is hoped that persons of every Christian persuasion will join the Bethel Area Clergy in this local expression of their desire for Christian unity.



Albany HUNT'S CORNER AND VICINITY

Kathy Bennett, Corres.

Hello again from K-D's Acres! I realize it has been a long time since you've heard from the foothills of Albany.

All is well once again and here's hoping for a happy 1984.

Week end callers at the home of Esther Rugg and family were Mr. and Mrs. Larry Davis and children, Mr. and Mrs. Erlon Rugg and Sarah, Mr. and Mrs. Larry Ward and children, and Mr. and Mrs. Mark Denaco and children.

Tina Denaco and children are visiting a friend of Tina's in Temple this week.

Franklin and Margaret Barton went out to supper with Mr. and Mrs. Arthur Seavey on Thursday night in Conway, N. H.

Andy and Karen Jacobs were Saturday callers at the Barton Farm. Brett and Jim Barton returned to U.S.M. after a two week Christmas vacation.

Recent callers at the home of Hugh and Edith Stearns have been Barb Imman, Ivy Philbrook, Janice Morrill and Margaret Barton.

Everything is getting back to normal after a long holiday season.

The boys are busy with all their activities. Dave has joined the ski team so this keeps him busy.

I've started doing some much needed sewing.

Recent callers have been Russ Nutting, Mr. and Mrs. Steve Hodgdon and Lolita, Jeff Barton, Margaret Barton, Hugh Stearns and Rod White.

There will be an Albany Church Circle meeting Monday night, Jan. 16, at 7 o'clock, at the home of Barb Imman. All are urged to attend as we are making plans for the summer sales and the Christmas sale next winter.

FINANCIAL AID WORKSHOP AT TELSTAR

Last Thursday evening, Jan. 5, Dan Hart (right) hosted a Financial Aid Workshop. Forty parents and students attended and were presented a wide area of financial assistance options. Mrs. Vicky Myers (center) of the Bethel Savings Bank spoke regarding Guaranteed Student Loans while Ron Milliken, Director of Financial Aid at the University of Maine at Farmington presented a variety of financial aid options that parents and students should consider in supplementing post secondary education costs. Mr. Hart was pleased with the large turnout of parents. Nevertheless, those parents and students unable to attend this workshop should contact the high school Guidance Office for financial aid information materials.

WEST BETHEL Children's Center

It has been another busy week with goals centered around Physical Fitness. There have been exercises taking place during the morning circles. Fitness collages are being made by individuals and groups of children. Also the obstacle course was set up a few days this week. Kathy Parker from the Bethel Area Health Center will be making a visit to talk with the children about good health. Many thanks again to all the volunteers for their time and energy. It's greatly appreciated.

PILGRIM FELLOWSHIP TO HAVE A HAYRIDE

The Pilgrim Fellowship of West Parish Congregational Church will participate in a hayride at Sunday River Inn Friday evening, Jan. 13. Members should meet at the Inn at 7 p. m. and plan to be picked up at 9 p. m.

March. Farm skit by Nestor Tamminier and Noyes Mitchell from Cumberland Grange. A reading on hospitals was read by Bettie Lewis. The opening song was Auld Lang Syne and the closing one, The Old Rugged Cross.

Lewis and Marguerite Marcotte observed their 50th anniversary on New Year's Day. Happy Anniversary was sung to them, and many more are wished for them in the future.

The next meeting is up in arms at present but watch your papers for further reports.

Paris Grange will have the March meeting. April will be at Alder River. May is usually at West Paris and June at Franklin Grange.

COMMUNITY CALENDAR

Thursday, Jan. 12: Bethel Lodge #97, AF & AM, supper 6:30, meeting 7:30.

Every Thursday: Cross Country Quilters, Bethel Library, 7 p. m. Friday, Jan. 13: Dance, East Summer Grange Hall, Rte. 219, 8 p. m.

Saturday, Jan. 14: Woodstock Historical Society, Woodstock Elementary School, 7 p. m.

Sunday, Jan. 15: Bethel Junior Nordic Ski Race, Telstar, 9 a. m. Monday, Jan. 16: Bethel Selectmen, Town Office, 7 p. m.

Tuesday, Jan. 17: Rotary Club, Sudbury Inn, 12 noon.

Thursday, Jan. 19: Windy Valleys Snowmobile Club, Club House, 7:30 p. m.

Ginger Kelly of Crane Associates in Bethel is the volunteer coordinator for the Community Calendar and will accept items to be listed by mail, phone, 824-2114, or in person at her office in the Cole Block in Bethel.

CHURCH NEWS

Bethel United Methodist Church
Rev. Guy R. Downing, Pastor
Tel. 824-2010
Organist, Mrs. Susan Glines
Administrative Board Chairman, Harold Powell
Sunday School Superintendent, Norman Clanton

Sunday:
9:15 a. m. Church School.
11:00 a. m. Worship Service.
U.M.W. - first Thursday of each month, 1:30 p. m.

Anyone needing prayers of church members or knowing of someone in need please call Mrs. Burton Abbott, Mrs. Wallace Saunders or Mrs. Randal Stevens.

West Parish Congregational United Church of Christ
Church St., Bethel
Rev. Jean Bass
Co-Pastors

Miss Mary Valentine, Minister of Music

Sunday:
Church School, 9:15 a. m.
Worship Service, 10:30 a. m.
Nursery care provided.

Wednesday:
9:30 a. m. Women's Craft Group.
(Fourth Wednesday of each month—Women's Fellowship.)
Clothing Depot: Call 824-2653 or 824-3306 for assistance.

Our Lady of the Snows Catholic Church
Rt. 26 Bethel
Rev. Donald R. Proulx
Saturday, 4:30, Anticipated Mass.

Bethel Gospel Center of Christian & Missionary Alliance
D. N. Larson, Pastor

Sunday:
Sunday School, 9 a. m., three year olds through adults.

Babysitting for all children under five years during Church Morning Worship, 10 a. m. Evening Service, 6 p. m.

Ladies' Bible Study, Tuesdays, 9:30 a. m. For location call: 824-2859. Babysitting.

Wednesday, 7 p. m.: Prayer and Bible Study.

Bethel Church of the Nazarene
Church Street
Rev. Barry Beverage

Sunday:
Sunday School (for all ages including adults), 9:30 a. m.

Morning Worship, 10:30 a. m. Evening Worship, 6 p. m.

Wednesday: Prayer Meeting, 7 p. m. Youth Meeting, 7 p. m. For transportation or information to any service call 824-2872.

West Bethel Union Church
Rev. Norman Rust, Minister
Phone: Church 836-2825
Home 583-4688

Parish Day Wednesday
Mrs. Neta Littlefield, Organist
Mrs. Rodney Kimball, Custodian

Sunday School, 9:15 a. m.
Nursery provided for pre-school children.

Chapel Aid, second Wednesday evening at 7:30.

Pleasant Valley Bible Church
836-2828
B. R. Griffith, Pastor
Linda Stowell, Pianist and Choir Director

Sunday:
Sunday School, 9 a. m. Ages 3 through adult.

Morning worship, 10 a. m. Baby-sitting for children through age 5.

Tuesday: choir practice, 6 p. m. Prayer and Bible Study, 7 p. m.

Thursday afternoon Ladies Bible Study. Babysitting available.

Those needing information or rides to church activities, please call Maureen at 824-2949.

Locke Mills Union Church
Rev. Michael Caldwell
Mrs. Richard Melville, Organist

Church Services, 9:00 a. m.
Bible Study and Discussion, Thursday, 8:15 p. m.

Trustees meet the second Wednesday of each month, Sunday School Room.

Ladies Circle meets every third Wednesday at 1:30 p. m.

Choir Rehearsal, Thursday, 6:30-7:30 p. m.

Youth Group, Thursday, 7-8 p. m.

Notice to Subscribers

When you move or have any change in your address whatsoever, please notify "The Citizen" promptly, together with the effective date of any change. If we receive address change information from the Postal Service, for which there is a charge, it will necessitate the shortening of the subscription's term by two issues.

Direct any address changes to:
THE BETHEL CITIZEN
P. O. Box 109
Bethel, Maine 04217
Tel. (207) 824-2444

THE Bethel Citizen
Publication Number: 416-380
The Bethel News, 1895
The Rumford Citizen, 1904

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Send address changes to:
Citizen Printers Inc.
P. O. Box 109
Bethel, Maine 04217

WEST BETHEL UNION CHURCH
Ladies Chapel Aid met at the church on Wednesday evening, Jan. 11.

No Youth meeting on Thursday night, instead meet at the church on Friday at 6:30 to go bowling. This is for regular attendants at meetings.

Next Sunday, Jan. 15, there will be an All Church Fellowship Supper in the dining room. Please bring some food to share. Place settings, etc., will be provided.

Service for Christian Unity will be held at the church on Wednesday, Jan. 25. Area churches will participate.

Annual reports must be in for typing no later than April 1, before if possible. Annual meeting, Thursday, April 12.

Sunday River

Jeanne Fleet, Corres.

Mrs. Jeanne Fleet and her mother, Mrs. Isabelle Rolfe went to Connecticut to visit her brother and family over New Year's week end.

Mrs. Enid Ramsey of Warren is here visiting her daughter, Mrs. Mary Morin.

There was quite a group that went to Augusta to a State House meeting on radioactive waste. The past couple of weeks have been real good for skiers.

Unitarian-Universalist

Bryant Pond
Services first Sunday of every month. For complete list of guest speakers write to Emily Ecker, clerk, Unitarian Universalist Church, Bryant Pond, Me.

Bryant Pond Baptist Church
Pastor: Linwood Hanson

Sunday:
9:15 a. m. Sunday School.
10:30 a. m. Worship Service.

6:00 p. m. Lifeline for High Schoolers.

6:00 p. m. Evening Service. Wednesday, Bible Study & Prayer Meeting, 7:00 p. m.

Thursday, Awana Clubs: 2:30-4:00 for K thru Gr. 2; 6:00-8:00 for Gr. 3 thru Gr. 8.

Newry Community Church
Newry, Maine
Rodney Hanscom, Pastor
Nancy Hanscom, Organist

Sunday Morning Worship, 9:00, with special service for children.

First Congregational Church United Church of Christ
Andover
Rev. E. Marquette Churchill
Phone: Church 392-4678
Parsonage 392-5081

Organist and Choir Director, Linda Burnham
Sunday School Supt., Paula P. Smith

Sunday:
9:30 a. m. Worship Service.
9:30 a. m. Church School.

Ladies Aid - Every other Monday at noon, C. E. B.

Calvary Congregational Church
Route 5
Andover, Maine
Pastor: Donald Grover

Pianist: Mrs. Edna White
Choir Director: Carol Stuart
Sunday School Superintendent: Marjorie Stinson

Worship Service, 10:45
Sunday School, 9:30.
Youth Group, 5:30.

Prayer and Praise, Wednesday at 7:30 at the church.

Choir rehearsal, Wednesdays at 8:30.

St. Barnaba's Episcopal Church
116 Penobscot St.
Rumford, Maine

Sundays, 9:30 a. m., The Holy Eucharist.

Other services as announced. The Rev. Jacqueline R. Merrill, 364-2193, 824-3169.

Rumford Area Bible Speaks
Pastor Bob Colby
At Faith Bible Church, Route 232, Rumford Corner:

10 a. m. Sunday School and Worship Service.
6 p. m. Sunday Youth Group.

7 p. m. Sunday Evening Service.
7 p. m. Wednesday Evening Service.

At 524 Prospect Ave., Rumford: 8 a. m. Mon.-Fri. Prayer and Devotional.

At Bethel—Women's Bible Study: 10 a. m. Eleanor Brooks' Home.

Belster's Mills
United Methodist Church
David W. Helms, Pastor

Family Worship, 10:00 a. m. Church School, 10:00 a. m.

South Waterford
United Methodist Church
David W. Helms, Pastor

Family Worship, 9:30 a. m.

Christian Science Services
In all Christian Science Churches, the Lesson-Sermon read from the desk is the same. The public is cordially invited to attend.

Sunday, Jan. 15: Subject—Life. Golden Text: Psalms 42:8—... the Lord will command his lovingkindness in the daytime, and in the night his song shall be with me, and my prayer unto the God of my life.

First Church of Christ, Scientist, corner of Main and Tenth Streets, Berlin, N. H., holds Sunday morning services at 11 a. m., and Sunday School at the same hour for pupils up to the age of 20 years. The Wednesday evening meeting is at 7:45, including testimonies of healing.

Christian Science Society, Newway, 9 Stevens St., off Alpine St.
Sunday: Services and Sunday School at 10:30 a. m.

Wednesday evening service at 7:30 p. m. includes testimonies of healing.

OXFORD COUNTY UNITED PARISH
East Stoneham
Congregational Church
8:00 a. m. Worship Service

North Waterford
Congregational Church
10:30 a. m. Worship Service.

Letters to the Editor

Bethel, Maine
Jan. 6, 1984

To the Editor:

An article in the Lewiston Daily Sun, Thursday, Jan. 5, quoted Rep. Jeffrey Mills as saying he hoped to be appointed to the Transportation Committee, as considerable highway work is underway in his district, as well as an effort to improve Route 26. He was further quoted as saying that traffic moving to and from New Hampshire and Canada and using Route 26 ALL cross the State boundary at Gilead. That is not so, and Mills should know it. Much of the Canadian traffic enters Maine at Upton and follows Route 26 through Grafton and Newry to Bethel.

Sections of Route 26 through Newry are some of the worst sections the entire length of Route 26, and Mills should know this since he was through there last November campaigning. Yet evidently he wants to cut Route 26 off at Bethel. Has he forgotten in just two months that Newry and Upton are in his District and that the majority of voters in those two Towns supported him Nov. 8? Is this the kind of representation we can expect from him in this session of the Legislature? Perhaps he should get his act together and start working to try to get some improvements to Route 26 from Bethel to Upton, instead of cutting it off at Bethel.

Sincerely,
Roger E. Hanscom
P. O. Address Box 545
Bethel, Maine 04217

Jan. 2, 1984

To the Editor:

Through the use of your column I would like to address this letter to the citizens of Bethel and surrounding towns.

It is public knowledge that effective 31 Dec. 1983 I have resigned from the Bethel Emergency Ambulance and Rescue Service. (Better known as the B.E.A.R.S.)

I would like to take the time to say that for the last 14 years I have been of service to you. I have enjoyed the challenge, knowing I was helping someone who needed my help. It wasn't done for money, but instead it was done because I cared. I felt a deep sense of dedication to you. It was a worthwhile task that needed doing.

Through the years I met a lot of people and made lifetime friends along the way. I wouldn't trade the memories for anything. I have always tried to give the best patient care that I could and sincerely hope that I've helped someone along the way.

I am resigning, not because I no longer care, but because I'm tired mentally and physically. I will always care, even though I'm not a member of the B.E.A.R.S. And I'm sure that if I meet a friend or stranger who needs help in the future I will not turn and walk away. I would and will provide what-

To the Editor:

The History of Woodstock Schools has been completed and is available.

In 1982 the Principal of the Woodstock Elementary School appointed a committee of three to write a history of the Central school, the proceeds to help the school. One of the committee moved away and Starr Seguin, who volunteered to write the book, became very ill. There were also other reasons why the book was not published.

The history was forgotten until I decided that my notes were useless unless printed. I began re-searching all of the Woodstock schools and have a large history. Mansfield Packard will review the book at our (Woodstock) Historical Society meeting Jan. 14 at the Elementary School.

Ruby Emery
Jan. 5, 1984

To the Editor:

I am deeply concerned about our wilderness area in Western Maine being considered by the Maine Legislature as a dumping site for radioactive waste. I have written to Senator Judy Kany, chairperson of the Commission that will make recommendations to the Governor and Legislature about this possibility. I strongly urged her to do whatever is necessary so that all radioactive wastes will be stored (1) above ground, (2) readily monitored, and (3) on the site of its creation.

As a psychologist, I have observed the anxiety-reducing, confidence building, and healing qualities of a yet unspoiled wilderness such as we are fortunate to have in Maine. As director of a Wilderness Adventures program and an avid backpacker between and including Mt. McKinley of Alaska and the Alps of France, Austria, and Switzerland, I am saddened and very angered by those who would choose incredibly beautiful and natural areas as their "waste" lands.

Should a substantial number of people write and express their views where it makes a difference, and promptly, we will create a controversy. And with controversy it will become evident, eventually, that the Senate is focussing entirely in the wrong direction, and instead needs to be passing legislation to prohibit or reduce the production and gathering, in our state, of substances which nobody seems to want dumped in their neighborhood!

Sincerely,
Den Corrin

ever assistance humanly possible. The B.E.A.R.S. will carry on with the excellent patient care they have always given. I will continue to support their efforts and urge you to do the same.

It has indeed been a pleasure to be a part of such a worthwhile group of volunteers, and I can honestly say, I am proud I cared, proud to have been a B.E.A.R. Sincerely,
Florence L. Merrill

Deadlines - The Bethel Citizen

BETHEL, MAINE 04217 (207) 824-2444
DISPLAY ADVERTISING - Tuesday Noon
(Includes Classified Display)

Advertisements of more than 36 column inches - Monday, 10 a. m.
CLASSIFIED ADVERTISEMENTS - Wednesday, 10 a. m.

LEGAL ADVERTISEMENTS - Monday, 10 a. m.
POLITICAL ADVERTISEMENTS - Friday Noon

of week prior to publication
CHURCH NEWS, LETTERS TO THE EDITOR - Tuesday Noon

NEWS ITEMS - 24 hours after the event
Community Correspondents should mail their contributions as early in the week as possible (NO LATER than Tuesday)

ALL NEWS ITEMS MUST BE IN OUR OFFICE BY WEDNESDAY NOON

Late arriving contributions and news items more than 10 days old will be published on a space available basis only.

All Contributors Should Submit Material as Early as Possible
NOTE: Weeks when Thursday is a holiday or when deadline falls on a holiday, deadlines are one business day earlier than listed.

CLASSIFIED ADS

Twenty-five words or less, one week, \$2.50; additional weeks without charge, \$2.00. More than 25 words, ten cents per word the first week; additional weeks, eight cents per word.

Advertisements in care of The Citizen, \$1.25 per insertion additional.

Display advertising in classified columns, \$4.40 per inch. Advertisers utilizing space in classified display regularly (minimum of four weeks in succession) are entitled to a rate of \$3.50 per inch.

Cards of Thanks or In Memoriam, \$3.50.

Resolutions of Respect, \$5.75.

Tel. (207) 824-2444.

For Sale

SAID Carol to Dwight, "My car-pool was a fright. Now they're looking bright as I cleaned them right with Blue Lustre." Rent electric shampooer, \$1 and \$2 machines. Brooks Bros., Inc. 824-2158.

FOR SALE - 1975 G.M.C.-H.D. 1/2 ton Pick up Truck—4x4 automatic, \$1,200; 1980—Subaru 4x4 Hatch Back wagon, very good condition, \$3,995. Avery Angewine, Evergreen Rd., Box 125, R. 1, 824-2775.

FOR SALE - 2 snow tires and wheels, 8 lug Dodge, 750x16, \$75 or B.O.; 3 wood stoves—1 box, 1 Franklin, 1 Homestead, \$75 each or B.O. 824-2848.

FOR SALE - Angus Beef: by the side \$1.15 lb.; cut, wrapped and frozen, \$1.35 lb. Frank Lowell, 824-2947.

FOR SALE - Hardwood Firewood, 4 foot length, split, seasoned, \$90.00 per cord. Phone 665-2596. Allan L. Twitchell.

78 SUBARU 4x4 wgn., with sunroof, new paint. \$1,395

77 PINTO am-fm, new tires, battery, exhaust and paint. \$995

77 PLYMOUTH Fury 4 dr., great transportation. \$1,325

77 BUICK Regal, V-6, am-fm, loaded. \$2,150

76 DODGE Charger, am-fm, low miles, super clean. \$1,095

74 MERCURY Monterey, low miles on major overhaul. \$625

66 TRIUMPH TR4, great project, sports car. \$1,500

73 CHEVY Luv, new paint, radials. \$1,595

72 FORD Bronco, 4x4, 1400 tires. \$1,295

72 DODGE 4x4, w/Fisher quick switch plow. \$1,500

68 CHEVY, 4x4, 3/4 ton, w/plow, low miles, 350. \$895

67 FORD F-250, 4x4, w/plow. \$1,095

68 DODGE D-500 w/rack. \$1,500

55 FORD F-100 custom truck. \$2,500

GAUDREAU'S REPAIRS 824-2807

SUPER SELECTION

4 X 4 VEHICLES

1983 Toyota S/R 5, 4x4 wagon, never registered, 5,500 mi. \$7,995

1981 Datsun King Cab 4x4, 45,000 mi. This truck is a little rough but mechanically sound. NADA Book \$5,625. Our price \$4,295

1980 Jeep CJ7 Laredo Package, hard top, special wheels and bumpers, 4 sp., P/S, P/B, AM/FM cassette. New condition \$6,495

1978 Ford F150 Super Cab 4x4, one owner, 56,000 mi., 4 new tires, 315, auto., P/S. \$3,995

1978 Jeep CJ5, 6 cyl. standard, new top, 52,000 mi. This vehicle is from the deep south and has no rust. NADA book \$4,250. Our Price \$3,995

1974 Dodge 1/2 ton Club cab 4x4, short box, slant 6, 4 sp., P/S. Runs good, needs some body work. As/Is Special \$1,000

TRUCKS

1983 1/2 Datsun king cab, real fancy, \$9,990 new (4,000 mi.) \$7,195

1983 Dodge D150 window van, 6 auto., P/S, 5 pass., royal package, \$12,700 new. \$8,995

1983 GMC 1/2 ton, 6 cyl., 4 sp., Sierra Classic Package, 10,000 mi. \$7,295

1982 Dodge Rampage (car type P/U), auto., P/S, 32,000 miles. Black and beautiful. \$4,995

1982 Toyota SR5 1/2 ton, 5 sp., long bed, diesel (40 mpg), one owner, w/cap, 42,000 mi. A11 \$5,595

1981 Datsun P/U 1/2 ton, 5 sp., high mileage. A Steal \$2,195

1980 Chevy Luv, 32,000 mi., 1 owner, w/cap, mint condition! \$3,995

1979 Ford HD 1/2 ton, 6 auto., P/S, 50,000 mi. \$3,495

1978 Datsun King Cab, 5 sp., new paint. \$2,495

1976 Chevy C-10, V8, Std., P/S, 52,000 mi. \$2,195

1976 Ford Courier 1/2 ton, 5 sp. Only \$1,095

50 CARS IN STOCK

1966 to 1984 Models (We've got what you want in stock.)

Case tractor with hydraulic plow. \$625

NEW Chrysler Sno-Runner (motorcycle for snow). List \$695. Special \$300

BETHEL AUTO SALES INC.

Rte. 2 Bethel, Me. 824-2389

Week Days from Noon till 4 p. m.

Open Thurs. & Fri. till 8 p. m.

Sat. till Noon

PEARSON - PETERSON

ENGAGEMENT

The Rev. and Mrs. Nathaniel Pearson, Star Rt. 67, Dixfield, announce the engagement of their daughter, Alice Joanne, to Daniel Peterson, 547 R Preble St., South Portland. He is the son of Mrs. Eva Allen.

Alice is a 1973 graduate of Telstar Regional High School and graduated in 1977 from Glen Cove Bible College, Glen Cove. She is currently employed at Logos Book Store in Portland.

Daniel has studied at the University of Southern Maine in Portland. He is employed by General Contractors of Portland.

No date has been set for the wedding.

SENIOR CITIZEN MENUS

Monday, Jan. 16: Veal parmesan, baked potato, waxed beans, pudding with fruit, garlic bread.

Tuesday, Jan. 17: Meat loaf, rice pilaf, glazed carrots, purple plums, bread.

Thursday, Jan. 19: Sliced ham, sweet potatoes, broccoli, apple-crisp, bread.

For Sale

THE SHOP - Pre-owned furniture, Main St., Bethel, 2 nice bedrooms, \$70 ea.; 1 heavy storm door, \$45; 2 kitchen sets, \$65 and \$70. We've got lots more too. Stop in and look around. 824-2852.

2 ton Come-a-longs, \$13.50 while they last. Gaudreau's Repairs, 824-2852.

FOR SALE - Queen size bed, box spring and mattress. Call 665-2596.

QUALITY CARPET CARE at an affordable price. Call SERVICEMASTER for quality and efficient cleaning. For carpet, upholstery, furniture, wall and floor cleaning, call SERVICEMASTER today. 743-2168.

Plastic Frost-Free Windshield Covers, eliminates the discomfort of scraping frost and ice from car windshields. Fits all cars. \$8.00 plus \$2.00 postage. Write, J-T Mfg. Co., Box 2194, Kettering, OH 45429.

Kiln-dried wood available by the loose cord. Delivered. Price according to distance. Call Andover 392-2241.

MOBILE HOME SOLUTIONS: Now available from Maine's Mobile Home Specialist. #1 A new vinyl insulated replacement window especially for mobile homes. #2 Also have that extra room with our factory built add-a-rooms. #3 End leaks and shoveling forever with our pitched A-roof. #4 Insulate and modernize with insulated vinyl siding. 100% Financing for all. For Free Brochure and price lists, call Toll Free 1-800-452-1940 or local 623-3444 or write: Maine-Wide Factory, P. O. Box 2106, Augusta, Maine 04330.

Lots and Acreage

DOCTOR'S FAMILY WANTS TO BUY FARM or land for 2nd home & investment, on maintained road. 617-371-0014. (2)(5)(8)(11)

Real Estate

West Bethel House Site. One acre plus on the Flat Road with Southern exposure. Mountain View. Soil Tested. \$3,750. Call Gillies Realty, Inc., 824-3211.

FOR SALE - 2 house lots on Lover's Lane, 3.1 acres each. Will sell separately or all together. 824-3342 nights.

Twelve Acres on the Pleasant River. Frontage on Flat Road in West Bethel. Wooded views, Southern exposure. Possible owner financing. Great spot to build. \$10,000. Call Gillies Realty, Inc., 824-3211.

Fourteen acres by Crescent Park School. Opportunity for rural privacy in the middle of town. \$10,000. Call Gillies Realty, Inc., 824-3211.

For Rent

OFFICE SPACE FOR RENT.

Main Street location. Call 824-2725.

Locke Mills - 3 bedroom house. \$200/month plus utilities. Security deposit and references. Available Jan. 3. Strout Realty, Hanover. 364-8076.

3 room 1st floor furnished apt., heat and electricity included, \$250/month. Security deposit required. Call Joanne at 824-3295.

Help Wanted

Executive secretary, fulltime, accomplished typist, familiar with dictation equipment. General business experience required. Please submit resume to: B. P. Powell, Stowell Wood Products Inc., P. O. Box 98, Bryant Pond, Maine 04219.

WANTED - Part-time help, Cafeteria and housekeeping. Sunday River Ski Resort, 824-2187.

WANTED - A tenant manager for 4 unit apartment house in West Bethel—good deal for right party. 836-2785.

Wanted

Cash paid for antique and collectible items, old tools, coins, paper money, old stocks and bonds, railroad and military items, books and advertising items, crank telephones, many miscellaneous items. Brian Harvey, 1-864-7047. WE MAKE HOUSE CALLS.

WANTED TO BUY - Scrap metal. Home evenings and week ends. KAYMOND CHAPMAN, 836-2585.

PCD Business Service, complete bookkeeping service, state and federal tax reports, Patricia Doonan, Bethel, 824-2400.

OLSON'S GENERAL REPAIR. Welding - Car Repair - Snowmachine parts, new and used. Call after 5-824-2970.

12-19p-tf



BETHEL

"SO YOU THINK YOU KNOW

BETHEL — The victorious Sudbury team of Donald Brown and Rosalind Chapman (left) with the opposing Bethelite team of Merton Brown and Paula Wight (right) following the annual contest at the January meeting of the Bethel Historical Society last Thursday evening. Stanley Howe, Director of the Society (center), served as master of ceremonies for the event.

M.S.A.D. #44 BOARD MEETS

continued from Page One

A school calendar for the 1984-85 year was approved by the Directors. It provides for a Teacher Workshop Day on Tuesday, Sept. 4, 1984, with classes starting for students on Wednesday, Sept. 5. The last day of school for students is listed as June 12, 1985. The calendar includes no storm days. Any days lost because of inclement weather will be made up after June 12, 1985.

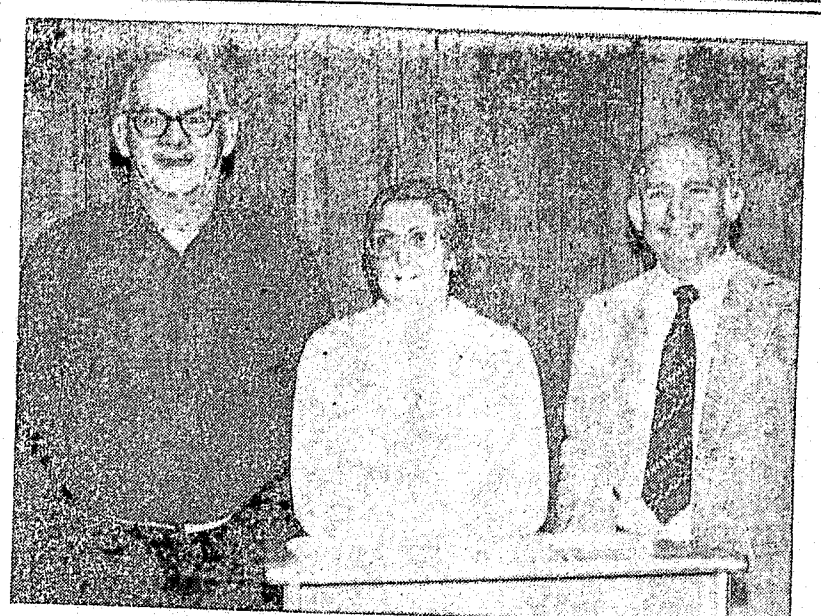
The Directors tabled any action concerning the continued use of a soda machine in the Telstar staff workroom. It was the apparent feeling of a majority of Board members that this issue should be resolved in concert with the question of a student soda and/or juice machine.

The Directors decided to trade in three copier machines and accept three factory rebuilt and two new machines. Also the District will place all the machines on Umbrella Maintenance Agreement. Adult Education teachers for the Jan. 23-Feb. 16 Mini Term were approved by the Board.

A brief executive session concerning a personnel matter was held prior to the adjournment of the meeting.

Board member Eva C. Twitchell of Woodstock was not present Monday evening.

The next regular session of the S.A.D. 44 Board will be held at the Andover Elementary School at 7:30 on Monday evening, Jan. 23.



BETHEL TOWN OFFICE

continued from Page One

As of Jan. 11, Bob Stevens and Al Barth have taken out nomination papers for the positions of Assessor and School Director respectively. Pat Hudson for Selectman and Pat Doon for Selectman and Assessor have completed and turned in their nomination papers.

Selectmen's Meeting

Meeting in a budget workshop session Tuesday evening, Jan. 10, in the Town Office Meeting Room, the Selectmen reviewed the Public Works section of the transition period budget before examining a new budget section of Capital Improvements/Replacement. This new section was devised to initiate priorities for capital needs and to them rather than waiting for a crisis to develop before reacting to it. Replacement costs for expensive items such as heavy equipment have not been addressed in over three years. Initial items reviewed by the Selectmen for presentation to the voters at Town Meeting were a cruiser, a com-

puter, a truck, a grader and a truck were set as priorities for consideration at the June Town Meeting. The Manager was directed to prepare funding proposals for consideration at the next meeting, Jan. 16.

In other action, the Board approved account balances to be carried forward in the new budget and reviewed funding requests recently received from outside agencies. The Board reaffirmed its vote of Dec. 5, 1983, to not consider any increases over 1983 appropriations to outside agencies.

The Board of Selectmen will meet in regular session on Monday, Jan. 16, at 7 p. m. in the Town Office Meeting Room.

PREPARED CHILDBIRTH CLASSES

The Bethel Area Health Center will again be sponsoring "Prepared Childbirth Classes" for expectant parents in the area. Over the course of eight weeks, various speakers will focus on different aspects of prenatal care, basic anatomy and physiology, labor and delivery, alternatives in childbirth, care of the newborn, infant nutrition and parenting. Participants will also be instructed weekly in breathing and relaxation exercises, including the Lamaze and Bradley methods. The basic goal of the classes is to prepare expectant parents in a holistic manner for a rewarding and joyful birth experience and to help pave the way for healthy and happy babies and parents!

Coordinated by Pat Donovan, R.N., classes will meet on Monday evenings from 7 to 9:30 p. m., starting Monday, Feb. 13. If you are interested expectant parents, call the Health Center for more information concerning fees and registration, 824-2193. (The next class is scheduled to start June 11).



NOTES FROM THE BETHEL LIONS DEN

The Bethel Lions Club held its first meeting of 1984, Tuesday, Jan. 3, at its new permanent Lions Den (I.O.O.F. Hall) on Main St. The meeting was called to order by 1st Vice President Jim Pelzel. A covered dish dinner was enjoyed by the members, their wives, and guests. After dinner, a short business meeting was conducted and 1st Vice President Jim introduced the guest speaker for the evening, Lioness Chairman District 41-L, John Kustan of Alfred, Lion John, addressed the members, wives and guests on the value of a Lioness Club in the Bethel area, to both the Club and the community. The presentation was well received and the Bethel Lions will be actively involved in the attempt to form and sponsor a Lioness Club in the Bethel area.

The highlight of the evening was a Candle Light Initiation into the Bethel Lions Club of Lion Roy Silver.

House for Sale

Six Rooms and Bath
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addressed to: Kenneth Smith, Superintendent of Schools, MSAD 17, P. O. Box 317, 2 Pine Street, South Paris, Maine 04281, will be opened and read aloud at the Superintendent's office on: Monday, January 23, 1984.

Properties involved are located adjacent to the existing Guy E. Rowe School on Main, Paris, and School Streets in Norway, Maine.

The Owner reserves the right to waive all formalities, and reject any and all Proposals or to accept any Proposal. Proposals must be submitted upon the Form provided by the Architect. Award shall be based on individual properties and not on separate buildings. Plans and Specifications may be obtained by Demolition and/or Structure Removal Contractors from: Moore/Weinrich & Woodward Architects, 49 Pleasant Street, Brunswick, Maine 04011. School Administrative District 17, by: Kenneth Smith, Superintendent of Schools.



BETHEL LIONS WELCOME

NEW MEMBER — Shown, left to right, are sponsor Pat Grenier, 1st Vice President Jim Pelzel, and Roy Silver, who became a member of the Bethel Lions Club in a Candlelight Initiation Ceremony Tuesday evening, Jan. 3.

Miscellaneous

Al-Anon, Wednesday, 8 p. m.

Telstar Regional High School. 23tf

AA meets Wednesday, 8 p. m., at Telstar Regional High School. 2tf

EARS PIERCED — \$7.50, Saturday, 3 to 6. See Chuck, Prim's Pharmacy, Main St., Bethel 45tf

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Publisher's Notice

All real estate advertised in this newspaper is subject to the Federal Fair Housing Act of 1968 which makes it illegal to advertise "any preference, limitation, or discrimination based on race, color, religion, sex, or national origin, or an intention to make any such preference, limitation, or discrimination."

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FISKE - SAVAGE ENGAGEMENT

Mr. and Mrs. James Fiske announce the engagement of their daughter Cynthia, to Ronald Savage, son of Mr. and Mrs. Gary Savage of Bryant Pond. Cindy graduated from Telstar in June, 1983 and is attending NHVTI. Ron also graduated from Telstar in June 1983 and is employed at Towle's Hardware Store in Dixfield.

No date has been set for the wedding.

Andover

EAST ANDOVER
— Mrs. Marjorie Jodrey, Cor. —

Sp/3 Warren Palmer returned to Fort Hood, Tex., after spending Christmas with his parents, Mr. and Mrs. Maurice Palmer, was promoted to Sp/4 last week. Brandon Palmer of Bethel, son of Mr. and Mrs. Russell Palmer, spent the week end with his grandparents, Mr. and Mrs. Maurice Palmer.

William McDougal expected to enter Maine Medical Center this week for treatment. He enjoys visits from his friends at his home. Mr. and Mrs. Louis Trine and Michele were in Portland and Scarborough on Friday.

Mrs. Rex Thurston and Danny and her parents, Mr. and Mrs. Walter Jodrey, were in Lewiston on Friday for doctors appointments. Mrs. Francis Humphrey and Melissa of Manchester, N. H., met them there and returned to spend the week end.

If anyone has seen or has a strange large black cat with a flea collar on please call Mrs. Lana Fyrborg at 392-2082. It's father's Paul Nevel's pet and she has been tending him while they were on vacation. He answers to the name of "Sebat" and may be travelling to his home in Andover from East Andover. She would appreciate a call. A reward is being offered for his return.

A large crowd of skiers and spectators attended the ski meet here on Sunday. Skiers of all ages and sizes took part.

There will be a "Rabies Clinic" on Jan. 14 sponsored by the Snow Goers Snowmobile Club at their club house in East Andover from 10 a. m. to 12. Someone will be available to license dogs there also.

Mr. and Mrs. Hurd and family of West Paris have rented the David Hutchins house on Main Street. Pastor Donald Glover's message at the Calvary Congregational Church on Jan. 8 was "Paul's Commission". Choir sang, "I Have Come From Darkness". Special music, Rosemary Roberts sang "It's Not an Easy Road". The Sunday School will be starting a new contest for all grades. Points will be accumulated for attendance in church, bringing a friend, a Bible, and coming to Sunday School. A club will be starting Jan. 27 at 3 p. m. at the church. Everyone is welcome and you can ride on the bus and be taken home after. This is for 5th graders and up and will consist of games, memory work, prizes and activities every six weeks. Those eligible for attending will be rewarded by a swimming trip. Come, enjoy and learn. Next Sunday, Jan. 15, will be birthday Sunday. All those attending who have a January birthday should bring a penny for each year of their age. This money is used for missionaries. Jan. 20, there will be a sliding party across from Delanos. It will be at 2 p. m. and for all Sunday School. Hot cocoa and refreshments will be served at the church after the sliding.

Rev. Marjorie Churchill's sermon topic on Sunday at the First Congregational Church was "A Sermon for Epiphany". On Jan. 9 the Ladies Aid met at the Christian Education Building at noon for a pot luck luncheon. On Jan. 20 at 7:30 p. m. a prayer service will be held at the church in cooperation with the Bethel Community Clergy in conjunction with "Week of Prayer for Christian Unity" (Jan. 18-25). On Jan. 16 the annual church meeting will take place at 7 p. m. All are encouraged to attend to help evaluate and plan for the coming year. On Jan. 21 at 5:30 there will be a baked bean supper in the C.E.B. Greeters for Sunday, Jan. 15 are Trudy and Leon Akers.

Howard Dunning is a patient at Rumford Community Hospital, also Jim Goodwin, James Hines and Unfred Tucker have returned to their homes.

Roller skating has started again at the town hall on Sunday afternoons. The first session, pre-

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South Woodstock

— Olive Davis, Corres. —

Mr. and Mrs. Ronald Grover are receiving congratulations on the birth of a son, the last day of the year, Dec. 31, at 1:42 p. m. They have named the baby, Ronnie Jr. They are presently at the Norway hospital.

Jeffrey Campbell was a caller on me Sunday of this week. Mr. and Mrs. Ralph Tucci called here on Tuesday.

Esther Davis was at Patsy Tibbetts' on New Years for dinner. They had other visitors from the Freeport area: Jerry Davis Troester and daughter, Torri. After visiting with Pat, they drove to Ethel Davis' for an afternoon call.

There was a large attendance at the funeral of Archie Waltanen Saturday morning. Many went to Mrs. Archie Waltanen's for coffee break after the services.

Mr. and Mrs. Ralph Tucci, Littleton, Mass., were down for the services. They will be at their cottage for a few days.

schoolers to grade 6, is from 2 to 3:30; second session, 7th graders to adults, from 5 to 7. Chaperones are badly needed. Anyone interested in taking a turn at being a chaperone please contact Sandra Clements, 392-3141, or Carol Littlehale, 392-4734.

On Saturday, Jan. 21, the trustees of the Andover Congregational Church will put on a public baked bean supper. In addition to home baked beans, the menu will include the traditional Saturday supper fare: hot dogs, cole slaw, homemade brown bread and rolls, with pie for dessert. Volunteers from the Youth Group will assist with serving which begins at 5:30 p. m. in the Christian Education Building. Proceeds will go towards the C.E.B. Basement Renovation project now underway.

Mrs. Florence Bailey is a patient at Stephens Memorial Hospital, Norway.

Elderwood Manor Items
Mrs. Louise Powell of Mexico, visited her mother, Mrs. Alma Hewey, Sunday.

Mrs. Marion Ladd, Rumford Point, visited Dorothy Elliott, Sunday.

Mrs. Florence Leonard, Rumford Center, called on her sister, Mrs. George Fraser.

Mrs. Elizabeth Bennett arrived home to her apartment on Monday after being a patient at Rumford Community Hospital. Her daughter, Mrs. Charlotte Hayes, Waterboro, is staying with her a few days.

Mrs. Marion Bodwell visited Mrs. Alma Hewey on Monday. Mr. and Mrs. Keith Hall, Bristol, Vt., Mrs. Hilda Crocker of England and Louis Hall of Roxbury, were visitors of Florence Hall this week.

Florence Hall and Dot Elliott visited Elizabeth Bennett at the hospital on Sunday.

On Monday Anne Fox, Georgie Fraser, Florence Hall and Dot Elliott attended the Ladies Aid meeting.

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TELSTAR GUIDANCE NEWS

Since Christmas vacation, Telstar's Guidance Department has worked on a variety of items including serving seniors with necessary college admissions and financial aid information, setting up new tutoring programs, arranging field trips and continuing with progress on Freshman Attitude Committee plans.

Guidance extends congratulations to several seniors having received college acceptance news. They are: Deanne Bodemer, UMO, Business Administration; Valerie Cole, U.M.P.I., Physical Education; Christine Davis, Bangor Community College, Dental Hygiene; Jeff Dunham, New England School of Broadcasting, Bangor; Michele Marston, Endicott College, Beverly, Mass., Fashion Merchandising; Robert Myers, U. M. P., Secondary Education (History); Lisa Newell, University of New England, Biddeford, Physical Therapy; Cheryl Parker, Andover College, Portland, Secretarial Science, and Sally Thompson, U.M.A., Applied Graphic Arts Science.

On Tuesday, Jan. 3, eight '83 grads returned to Telstar for Guidance's College Awareness Seminar where they were asked to share their college experiences and insights with current seniors and the faculty. The views they presented were both informative and enlightening. A special thanks to Bobby Dapollito, Mary Beth Feeney, Denise Foster, Eddie Greenleaf, Leslie Olson, Katrina Roberts, Katherine Swain and Lisa Westleigh for their time and thoughtful comments. Guidance encourages other grads to return to Telstar to visit as well for it is through their input that we can best work to improve Telstar curriculum and programs.

Thursday's Financial Aid Workshop was well attended by 40 parents and students. Any senior student or parent who was unable to attend is asked to pick up materials in Guidance as soon as possible.

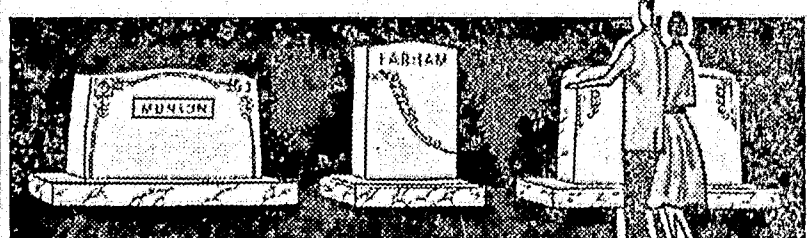
On Monday, Jan. 9, five juniors and seniors went on a field trip to Mansfield Beauty Academy, Lewiston. Denise Elliott, Laurie Kimball, Jeri Martin, Joyce McAllister, and Brenda Bolio each received a tour of the school and personal hair styling done by current Mansfield students. Thanks and appreciation is extended to Mrs. Cheryl Elliott for providing transportation and chaperoning the group.

During the second week in February, Guidance plans to take a group of interested students to Central Maine Vocational Technical Institute in Auburn where they can tour the school's facilities and programs. Any parents who would

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FRIENDLY SENIOR CITIZENS

The Friendly Senior Citizens met on Jan. 4 with 41 present. Rev. Nancy Taylor gave the dinner blessing and prayer before the meeting, followed by the Pledge to the Flag, and the installation of officers by Theresa Proctor.

The secretary's and treasurer's annual reports were read and accepted.

Reported but sick were Gladys Kilgore and Merline Littlefield. Celebrating a birthday was Gladys Kilgore. Mr. and Mrs. Harold Larsen have been married 34 years; Mrs. Louise Morse, 44 years.

The president welcomed Rev. Nancy Taylor and new members Charles and Frances Hamilton. Also thanked the officers and members for the cooperation during 1983.

Pam DeTour will not be chaplain; however, will be the transportation director. Julie Bickford will be program chairperson.

The Songo Queen boat ride will take place on June 29 at 11 a. m. from Naples. Although early, reservations are now being taken. For fees and other information contact The Friendly Senior Citizens c/o Gene Maillet, RFD 1, Box 2165, North Waterford, Me., 04267. The trip will be on Long Lake for two hours, first 200 only, with own transportation to Naples. Cakes and entertainment will be provided. Refunds will be made to June 25. Bring lunch.

The next meeting will be Feb. 1, at the North Waterford Church. Exchange of valentines will take place. Pot luck dinner with East Stoneham on the dinner committee.

Violet Dougherty was elected assistant treasurer.

be interested in joining us would be welcome. Please call Mr. Hart for further details.

Prior to Christmas vacation, Guidance, in cooperation with Dr. Stanley Howe, arranged for Mr. Morton's academic history classes to visit the Moses Mason Museum. Dr. Howe gave the students a tour and an orientation of what is being done there.

The faculty, Guidance Office and administration have held five meetings as a committee after school, since early November to discuss and evaluate the current Freshman Class' attitude in regards to their high school experience. A half day workshop, presented by the Freshman Class Attitude Committee is in the planning stages for the near future.

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Newry

— Miss Amy Hanscom, Corres. —

The Selectmen have received a letter from the Trustees of the Rumford-Mexico Sewerage District saying that they would accept sewerage from the Town of Newry, on an emergency basis during the winter months. Each load would have to be inspected and the Town would enter into an agreement with Rumford and Mexico regarding this. Before the proposed sewerage disposal site can be approved by the DEP some arrangements have to be made for emergency disposal during the winter months. This letter will be part of the application to the D. E. P. This will all be presented to the Municipal officers of the Town of Bethel before being submitted to the D.E.P. A public hearing will then be held to give abutting land owners a chance to express their views. If the application is approved it is expected that the Town of Hanover will enter into an agreement with Newry to use the site, but the site would be restricted to Newry and Hanover residents, or taxpayers with Bethel given the privilege of using it on an emergency basis. The site would be operated by Franklin Harrington, co-owner of the property, who would be paid an annual fee by the towns, plus a dumping fee from the individuals having their tanks pumped. The Selectmen have been working since early last spring and have had much difficulty finding a site that met the approval of the D.E.P. Hanover officials have also been working but have been unable to find a site

in their town. If the application is approved it is expected that the site would be in operation early next spring. Fergus Lea, of the Androscoggin Valley Council of Governments, has given Town Officials much valuable assistance in this project.

Henry Lane returned home from the Stephens Memorial Hospital, Norway, Jan. 6, after being a medical patient there since Jan. 1.

Karlene Bachelder, Olive and Jim Anderson, June Swan, Betsy Clark, Gilberte Seeley, Sylvia Wight, Eleanor Morjon and Nancy Wight were in Rumford, bowling, Wednesday. Karlene Bachelder was high scorer.

Mr. and Mrs. Brian Hanscom attended David Hanscom's birthday party at David's home in West Bethel Friday evening. The evening was spent playing cards.

Mr. and Mrs. Norman Davis and Kenneth and Mr. and Mrs. Brian Hanscom went to a Mexico restaurant Thursday to celebrate the birthdays of Eleanor and Kenneth Davis and Brian and Wendy Hanscom.

The January meeting of the Windy Valleys Snowmobile Club will be held Thursday, Jan. 19, at the Club room at 7:30. Floyd Flagg, Regional Safety Coordinator will be guest speaker. Refreshment Committee: Olive, Barbara and June. Anyone interested in hearing Mr. Flagg's Snowmobile Safety Presentation is welcome.

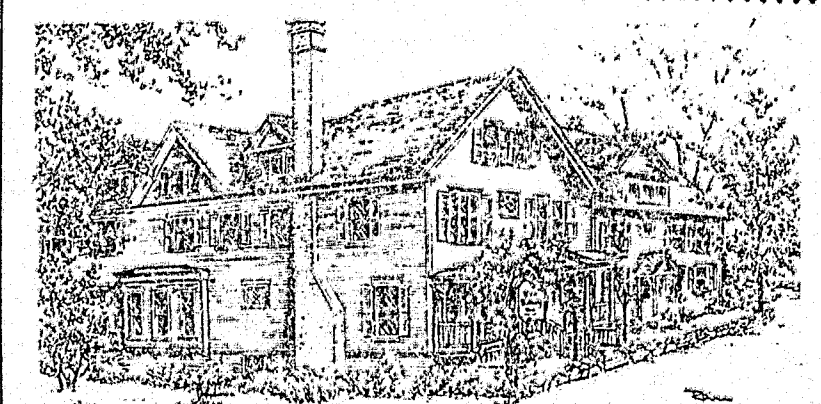
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Upton

— Mrs. Arline Bernier, Corres. —

Sidney and Lillian Abbott of East Sumner were Saturday evening guests of her sister and called on other relatives in town.

As crime becomes more commonplace and closer to home, we think of such things as Citizen Patrol as some Oxford County towns are trying for deterrent.

Laurie Bergeron and Arline Bernier went to Farmington Monday on business.

Some Andover residents joined the Sunday congregation in Upton. One of them is a student at Faith Bible College.

Tuesday brings us a snowstorm promising to accumulate to a sizeable depth.

Logging operations on Back Street were resumed on a small scale.

I was pleased to receive some old post cards, pictures or reproductions of same from Norene Edwards. Included were pictures of Billy Powell, John Angevine and Dr. Claude Abbott. Old timers from the area will remember these folks who used to live here.

Bryant Pond

— Mrs. Alice F. Hoyt, Corres. —

Woodstock Extension will meet on Tuesday, Jan. 17, at 10:30 a.m. at the home of Barbara Hathaway. The date has been changed so the Extension Agent can attend. Subject of the meeting is "Low-Salt—Low-Sugar" Cooking with a dinner at noon. The committee is Margaret Sicotte and Barbara Hathaway. Anyone interested is invited to attend.

Tuesday, Jan. 17, will be the annual business meeting of the Baptist Church at 7 p.m.

Mrs. Ruth Dunham was Sunday dinner guest of her daughter and family, Mr. and Mrs. Roland McMillan, Ramford.

Mrs. Beatrice Farnum, Mrs. Ruth Dunham, Mrs. Edith Hathaway, Mrs. Alice Wardwell met at Mrs. Helen Ring's for a belated Christmas dinner and exchange of gifts on Monday, Jan. 9.

Victor and Tania Hathaway were supper guests of their grandparents, Mr. and Mrs. Harris Hathaway, one night recently.

The Woodstock Historical Society will meet on Saturday night at the school house.

Mr. and Mrs. Linwood Ring went to Freeport on Sunday to visit their son and wife, Mr. and Mrs. Arthur Ring.

The Daughters of Union Veterans met on Monday evening, Jan. 9 for a supper and installation at the Grange Hall with 17 members present. Sixty-three calls were reported. Installing Officer was Edith Hathaway; Installing Chaplain, Alice Wardwell and Installing Guide, Hazel Brooks. The following officers were installed: President, Alice Hoyt; Sr. Vice President, Harriett Estes; Jr. Vice President, Bessie House; Chaplain, Alice Wardwell; Treasurer, Edith Hathaway; Council Members, #1 Hazel Brooks, #2 Beatrice Farnum, #3 Ruth Dunham; Patriotic Instructor, Hazel Brooks; Secretary, Verna Swan; Guide, Denise Swan; Press Correspondent, Alice Hoyt; Historian, Ruth Dunham; Asst. Guard, Helen Ring; Color Bearers, #1 Karen Estes, #2 June House, #3 Jo-Anne Crockett, #4 Crystal Chase. Everyone was installed but Guard. Next meeting will be Feb. 13 at Ruth Dunham's. Refreshment Committee will be Hazel Brooks and Verna Swan. Gifts were presented to the installing staff and president.

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B.E.A.R.S.

(Bethel Emergency Ambulance & Rescue Service)

Advanced First Aid classes will start Tuesday night Jan. 17 at 7 o'clock, at the S.A.D. 44 bus garage. You may pre-register, but it is not necessary, by calling Adult Education, Cathy Newell, 824-2136, or contact Arlene Greenleaf, 824-2144 or Wilber Crowell at 824-2649.

The Advanced First Aid course along with C.P.R. is the starting requirement to becoming an ambulance attendant.

On Saturday night, Jan. 7, the B.E.A.R.S. held a family supper to honor those attendants retiring from the Ambulance Service.

After an opening welcome by Director Shirley Morse, Arlene Greenleaf brought back some entertaining memories of some happenings to Marcus Moore, Arnold K. Brown, Mary Brown, Donald Morin, Esther Sweetser, Florence Merrill and John Greenleaf. Each of those just mentioned were given a certificate of appreciation.

Florence Merrill, 14 years of service to the Bethel area and John Greenleaf, 43 years of service to the Bethel area, were presented with plaques.

The service of the seven members leaving will be greatly missed.

The B.E.A.R.S. would like to thank Gene Buswell and helpers for a very fine supper.

The B.E.A.R.S. would like to thank Jon Owen and Ed Greenleaf for filling in and talking extra duty during their Christmas break.

There will be a Board of Directors meeting at 6 o'clock Sunday and the regular meeting at 7 o'clock on Sunday, Jan. 15, 1984.

Safety Tip of the Week

It is now very cold weather. Do not touch cold objects with wet hands or your tongue. When you do this will stick to the object and if you pull away, skin will remain. If this should happen pour warm water over. To prevent, make sure your hands are wiped dry. Do not stick your tongue on anything cold to check it out.

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Gilead

— Louise Loring, Corres. —

One bubbling trickle of crystal clear water decided it was springtime last week, as it gurgled about, cascading over a large rock. Later, as evening approached—it became another frozen temple, shimmering with a faint bluish glow in the path of the moonlight.

The "icing" on the cake, however, was the spectacular January sunrise! How long has it been, since you paused and allowed yourself to really absorb, this living panoramic art?

Mother Nature pulled another of her fast ones last week and sent us her January thaw, early. While other areas of the nation, battled the elements, thawed out gas lines and bemoaned the loss of their orange groves, we, here in Gilead ran about with jackets unzipped and galoshes flapping. Mounds of dirty melting salt, snow and sand, were tramped within the sanctuary of the Village Store, and some ambitious ladies, trapped within the throes of their illusions, washed windows on the outside, did their curtains and

"aired" out their living quarters. This spirit of springtime even drifted into the joviality of the townspeople's conversations, and it was noted that "bantering" in this form, was exceptionally light.

Just before daybreak, the mountains are barely outlined in an endless black infinity—but as dawn approaches, even the tiniest of the fir trees' symmetrical lines can gradually be defined, changing its colors as a chameleon. Up in the east, there appears the first rosy glow—as the sun tosses aside the warm, fleecy, gray blankets of her boudoir coverlets. Birch trees in turn, blushing in rosy and peach tones, are hiding amongst the evergreens, like virgins, stripped and barren of their summertime tresses.

Slowly up the mountain Ol Sol climbs, and hovers over the highest peak—winks with joy, and awakens all his forest friends. It is then, even in winter, that the mourning of the dove, the sentinel call of the jay—the chattering of the squirrels—can defy the most voluminous aria of any opera ever written, and the flashing of the grosbeaks wings adds a subtle

note, yet barely audible, much like that of a whispering violin.

And once again, I feel refreshed—that, here at last, in this part of the world, despite the overtones of gloom—predicted and acclaimed by the early morning newscaster—all is well—and progressing for today—at least—just as planned by the Creator.

So—take note—relax and enjoy—all is well!

Lana Sweetser is working as a waitress at Jordan's Restaurant in Locke Mills.

Timmy Chapman, son of Mr. and Mrs. Hugh Chapman, was recently promoted from Cub Scout to a Boy Scout, at ceremonies held in Bethel.

Mr. and Mrs. Fernand Corriveau celebrated their 22nd anniversary quietly at home one day last week. Gerard DuPont and son, Richard, participated in the annual ski-mobility race held in Farmington last week end.

Mr. and Mrs. Leo Belanger were in Augusta one day last week where Leo had an appointment with the doctors in Togus.

Mr. and Mrs. Gerald Loring accompanied by Mrs. Elsie Bryant

SCHOOL LUNCH MENU

S.A.D. #44 — WEEK OF JAN. 16

Monday: Hot dog in home made bun, tater tots, green beans, pears, milk.

Tuesday: Hamburg-cheese pizza, potato chips, corn, peaches, milk.

Wednesday: Sausages, mashed potato, carrots and peas, pineapple upside down cake, bread and butter, milk.

Thursday: Hot sliced ham in home made bun, toss salad, fruit, bread and butter (optional), milk.

Friday: No school — Teachers' Workshop.

of Bryant Pond, dined at a Locke Mills restaurant Sunday, in celebration of her 85th birthday.

Aleide Boutin of Berlin, N. H., was a Saturday caller at the home of the Leo Belangers.

Beverley Corriveau, Louise Loring and Sue Angevine attended a Christmas party gathering, hosted by the Locke Mills TOPS #76, at the Locke Mills Sunday School room, one evening last week.

The Bethel Inn
Country Club

Have You Tried the Mill Brook Tavern Lately?

Four new things are happening . . .

1. EVERY EVENING the Mill Brook Tavern at The Bethel Inn serves an apres ski Hot Buttered beverage at an unbelievably low price . . . PLUS free cheese, crackers and nibblies. The relaxed atmosphere includes a crackling fire and recorded music for all ages for dancing and listening. Hot soup and sandwiches are always available at the Mill Brook.
2. EVERY FRIDAY AND SATURDAY apres ski, 5 P. M. to 7 P. M. Enjoy live Piano Bar music and nibblies. Meet your friends at the Mill Brook! A perfect way to end your outdoor fun.
3. EVERY THURSDAY IS "EMILY'S PASTA NIGHT". All you can eat Spaghetti and Meatballs, Salad and Homemade Garlic Bread for only \$2.75. Live entertainment from 5:30 on . . . Put a group together and meet at the Mill Brook for this special mid-week treat.
4. FRIDAY AND SATURDAY NIGHTS. A house full of Inn guests is the nucleus for partying from 8:30 to closing. Live entertainment for dancing, singing along or just to help meet new people. The Mill Brook mixes folks from Boston to Bangor from New York to Newry. It's the best party in town!

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MRS. MARY M. HENNESSEY

Mrs. Mary M. Hennessey of Bethel died Sunday, Jan. 8, 1984, at Stephens Memorial Hospital in Nonway, following a short illness. She was the widow of John M. Hennessey, who died in 1934.

Mrs. Hennessey was born in Bryant Pond, Sept. 9, 1899, the daughter of Mr. and Mrs. Philip Moriarty. She resided at Fall River, Mass., for about 50 years where she was employed as a telephone operator for New England Tel. and Tel. Co. for 34 years. She returned to the Bryant Pond area 20 years ago and had been living in Bethel. She was a communicant of Our Lady of the Snows Church in Bethel, and a member of the Telephone Pioneers of America.

She is survived by a sister, Mrs. Marjorie Lowe, of Bryant Pond.

Funeral services were held Wednesday morning from the Jeffery E. Sullivan funeral home, Fall River, Mass., followed by a Funeral Mass at Sacred Heart Church. Burial at St. Patrick's Cemetery in Fall River.

Locke Mills

— Mrs. John Mills, Corres. —

The skating party of the Junior Youth Group, which was cancelled due to inclement weather, will hopefully be rescheduled.

The Oxford Union Association mini meeting in Waterford Sunday evening was attended by the following from the Locke Mills Church: Rev. Michael Caldwell, Ruth Cox, Marlon Parker and Mangery Swan.

The Industrial Management Club meeting and supper to have been held at the Bethel Inn Tuesday has been rescheduled for Tues., Jan. 17.

The trustees of the Union Church met Wednesday evening in preparation for the annual meeting Jan. 22. It will be preceded by a pot luck supper. Any interested persons are invited to attend.

The Women's Fellowship of the West Parish Congregational Church, Bethel, have invited the Ladies Circle of the Locke Mills Church to a luncheon (weather permitting) on Wednesday, Jan. 25. There will be a talk on wild flowers given by Joy Yarnell of Upton. Those planning to attend are asked to get in touch with Margery Swan by Friday, Jan. 13. Carpooling will be arranged.

Word has been received from Edith Moberg that her husband, Ed, died on New Years Day in Watertown, Conn. The Mobergs have been summer residents here for many years.

The sympathy of the community is extended to the family of Peter Dragon, Sr., brother-in-law of Mrs. Rowena Dunham.

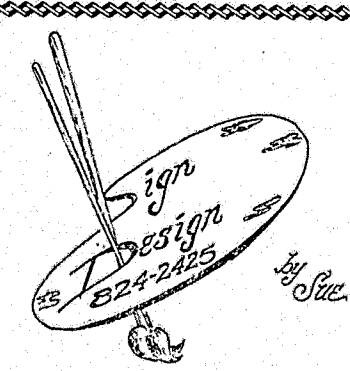
John Day continues to undergo therapy for his back.

Charlotte Cole has returned to work following a bout with bursts.

Mr. and Mrs. John Mills attended the work day at the Nazarene Parsonage, Bethel, Saturday and had dinner there.

Mr. and Mrs. Everett Cross and Charlotte Cole visited Ann Troy and her friend Millie from Bethel and had a delayed birthday celebration.

Mr. and Mrs. Edward Gaudet, Yarmouth, Mr. and Mrs. Charles Morse and Darren and Scott Morse were Sunday dinner guests of Mrs. Bertha Flanders.



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HAZEN S. NILE

Hazen S. Nile died Tuesday, Jan. 10, 1984 at South Paris following a long illness.

He was born Feb. 21, 1916, at Dallas Plantation, the son of Calvin and Edith Haley Nile. He had worked in the Bethel area for many years as a truck driver and mill worker. In June, 1965, he married Annie Sweatt, who survives.

Other survivors include a daughter, Mrs. Marilyn Oliver of Jay; four sons, Carson Nile of Pittsfield, Richard "Buddy" Nile, both of Wilton, and James and Glen Nile of Alpine, N. C.; two step-daughters, Mrs. Gloria Snyder and Miss Olga Sweatt, both of Bethel; two step-sons, Frankie and William Sweatt, both of Bethel; a brother, Linsey Nile, of Stonington, Conn.; four sisters, Mrs. Marjorie Bachelder and Mrs. Harriet Townsend, both of Stratton, Mrs. Doris Wentzell of Rangeley, and Mrs. Arlene Myshrahl of Mexico; 27 grandchildren and seven great grandchildren.

Memorial services will be held at Mt. Will Cemetery in the spring.

THIS WEEK AT THE MOSES MASON HOUSE

The 1983 Endowment Fund Campaign has now officially closed with over 275 businesses and individuals contributing over \$6,500 to the endowment of the Bethel Historical Society. The latest contributions were received from Dr. and Mrs. Charles N. Seashore of Bethel and Washington, D. C. and Col. and Mrs. Arthur Ritchings of Petersburg, Va. The goal was exceeded by over \$1000 and these funds are now part of a permanent endowment to ensure the future of the Society.

New members this week are Ruth Cox, Rumford; Terry and Sandra Clark, Bethel; Adam and Zachary Chamberlin, Presque Isle.

Recent student visitors to the Moses Mason Museum include Miss Merrill's and Mrs. Ferguson's third graders from Crescent Park School. Society Director Stanley Howe presented a slide discussion of early farming in Bethel. Mr. Morton's American History class from Telstar Regional High School also recently visited the Museum.

The latest issue of "The Courier" is now out and features an article on Mason Street by Ernest Perkins and more reminiscences of the Farwell farm in Middle Intervale by Marjorie Farwell Cummings. Anyone interested in obtaining a copy is urged to come by the Moses Mason House and pick one up. The winter issue will soon be going to press and should be available in the near future.

MNRC ANNUAL MEETING AT AUGUSTA JAN. 21

The Maine Nuclear Referendum Committee will hold its annual meeting from 9 a. m. to 4 p. m., Saturday, Jan. 21 at the Oblate Fathers, 136 State St., Augusta. The morning business session will include an annual report and discussion of the problem of low level radioactive waste. At 1:30 John Kerry, Director, Maine Office of Energy Resources, will speak on renewable energy. A new Board of Directors to be elected at 2:00 p. m. All supporters of MNRC objectives are welcome to attend.

BORN

In Portland, Dec. 30, to Mr. and Mrs. Gilbert Lea Jr. (Jill Hutchins) of Scarborough, a daughter, Molly Hutchins Lea.

DIED

In Nonway, Jan. 8, Mrs. Mary M. Hennessey of Bethel, aged 84 years.

In South Paris, Jan. 10, Hazen S. Nile of Bethel, aged 67 years.

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S. M. H. OFFERING WINTER CLASSES

The Health Education Department of Stephens Memorial Hospital, Nonway, is offering a number of interesting and valuable courses throughout the winter months. Included are a stop smoking clinic, Basic Sign Language, Human Skeleton and Medical Terminology courses.

The 5-day stop smoking clinic will begin Jan. 16, every evening from 7-9, through Jan. 20. Participants in the Human Skeleton course will learn to locate, pronounce and spell the 206 bones of the human skeleton through use of filmstrips, cassette tapes and audiotapes. This class will be held Jan. 17 and 24, from 7 to 9 p. m. at the hospital. Basic Sign Language will be held Mondays from 3:30 to 5:30 p. m. from Jan. 23 to April 9 and will be instructed by Catherine Welch, Medical Terminology I will meet on Wednesdays at 7 p. m., beginning Jan. 25 and running through March 7. Participants will learn the meaning of 350 Latin and Greek word parts, enabling them to interpret and understand more than 10,000 complex medical terms.

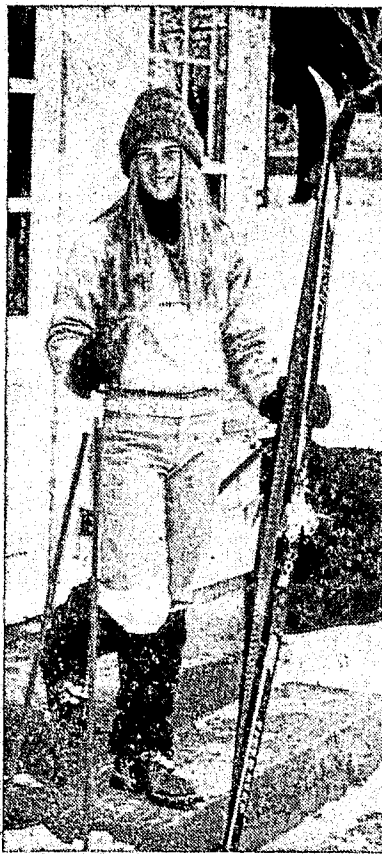
Pre-registration for all these courses is encouraged as some class sizes are limited. For further information or to register, call 743-5933, Ext. 489.

There will be an adult game night for members and friends of the Nazarene Church at the home of Mr. and Mrs. Thomas Gibbs Friday evening, Jan. 13. Babysitting will be provided at the church.

MAINE/NEW HAMPSHIRE SNOWMOBILE TRAIL SYSTEM JOINED

Sunday, Jan. 8 at 11 a. m. marked the official opening of the Maine Snowmobile System with New Hampshire's Trail System. One hundred snowmobilers were on hand to mark the occasion and to hear dignitaries from both states praise the efforts of many and especially the members of the Windy Valleys Snowmobile Club.

Of Newry whose trail blazing and grooming endeavors made the event possible. The ribbon cutting took place at the Mollidgewock South Junction and was officiated by Douglas Eoute of the New Hampshire Bureau of Highway Vehicles and Frank Farron of Maine's Department of Parks and Recreation. Presidents from both State Snowmobile Associations, Charles Case of New Hampshire and Armand Davis of Maine, were on hand to speak about the benefits of this connecting trail system. Eight clubs representing the State of New Hampshire and 15 clubs representing the State of



NEW INSTRUCTOR—The Bethel Inn and Ski Touring Center has a new cross country ski instructor, Sally Sawyer (above). She learned to ski in the mountains of Colorado and has been teaching cross country skiing for the past three years. Sally holds a degree in environmental biology and also is an avid hiker.

As well as being an expert in traditional cross country skiing—Sally is an experienced instructor in the fast growing sport of telemark skiing. Essentially, telemark skiing is downhill skiing on metal-edged cross-country skis, thus offering a combination of both worlds—cross country and downhill.

Miss Sawyer also conducts week end pre-ski warm-up classes and more strenuous workout classes mid-week.

The Inn's Ski Touring Center serves as a base for Sally, who is in charge of the 25 kilometers of groomed cross country trails, a fully stocked inventory of cross country equipment, the latest fashions, as well as rental equipment. Private and group instruction is available from Miss Sawyer by telephoning The Bethel Inn and Ski Touring Center.

Maine as well as individual snowmobilers from both states were in attendance. After the ceremony, the State of New Hampshire hosted the participants to a cookout at the site.

The Bethel village area received about eight inches of snow Tuesday of this week.

FROM THE BETHEL AREA HEALTH CENTER**Stress—Spice of Life or Kiss of Death**

Approximately two-thirds of office visits to family physicians are related to unrelieved stress and its effects on mind and body.

What is Stress?

It is the physical, chemical or emotional factor that causes bodily or mental tension. If the gap between your expectations and the real world is small, you can mobilize your energies and use your skills to bridge it. If the gap is too wide, however, you tend to mobilize the energy anyway—but you find no way to release it. You lose the sense that you can control or influence your environment.

What Can You Do?

You can change the way that you deal with stress. You can learn to become "thick-skinned"—to deal appropriately with potentially stressful situations. You can learn to be productive without being self-destructive. Here are some ways to get started.

*** Take Control of your Life** — Pick one aspect you'd like to improve. As you begin to make gains in this area, branch out to another.

*** Set Realistic Goals** — for yourself then organize them according to your priorities. Remember, if you set impossible goals you're sure to fail.

*** Control the events in your life.** Act as though you have only six months to live. Do only the things you have to do and the things you like to do. Eliminate the rest.

*** Don't overbook your life**—and don't let others overbook it for you. Learn to say "no" when requests for your time and energy are not in your best interests as you see them.

*** Strike a Balance**—Spend "quality time" at work and play with friends, with family and self.

*** Eliminate the words "should" and "must" from your vocabulary.** They represent demands others have placed on you. Use instead the goals and priorities you've set for yourself.

The next time that you "fly off the handle" about a minor incident ask yourself "Do I really

LISTON - FISKE

Mr. and Mrs. James Fiske announce the marriage of their daughter, Catherine, to John Liston, son of Mrs. Mary J. Liston of Plainfield, N. H. and Mr. and Mrs. Ronald Liston of Windsor, Vt., on Dec. 31, 1983 in New London, N. H. Cathy graduated from Telstar and Colby College and is employed by Union Mutual Insurance Co. John attended New Hampshire schools and Michigan Technological University. He is employed as a carpenter in Ossining, N. Y., where they reside.

R. S. V. P. VOLUNTEERS ATTEND ORIENTATION TOUR AT T. R. H. S.

An orientation tour was held on Monday, Jan. 9, at Telstar Regional High School for R.S.V.P. volunteers who will be tutoring Telstar students, who need help in specific academic areas. The school's guidance counselor, Dan Hart, instructed the R.S.V.P. members in various aspects of their volunteer work. Those who will be tutoring include from Bethel, Emily Saunders in penmanship; Dorothy Russo, civics; Hilda Eastman, history; Verma Swan, Bryant Pond, reading and math.

More volunteers are needed. Anyone who is interested in helping, is asked to contact one of the following: JoAnne Walters, R.S.V.P. area coordinator, Nonway, 743-9033; Emily Saunders, R.S.V.P. group leader in Bethel or Dan Hart, Telstar Regional High School.

need to get so upset about it?" Perhaps rage is an unnecessary emotion if a little anger will do instead.

*** Spread out stressful events** — Allow yourself time to relax and reconstitute between them.

*** Keep a healthy mind in a healthy body**—Make exercise a regular part of your life.

*** Share the important thoughts and concerns in your life** with those who are close to you. Sharing dispels fear and attracts support. If you feel there is no one with whom you can share, try your family physician. He or she will be pleased that you did.

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